

PHONE NO.: (033) 2554 4520 / 2554 5141 / 2554 2632 /
2554 0932 (NSOU) / FAX: (033) 2554 4520



HIRALAL MAZUMDAR MEMORIAL COLLEGE FOR WOMEN

DAKSHINESHWAR KOLKATA-700 035

Email ID – hmmcw35@gmail.com

Website: www.hmmcollege.ac.in

LIFE SKILL DEVELOPMENT PROGRAMME

SESSION: 2017-2022

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035

Phone No: (033) 2544-4520 / 2544-4521 / 2544-4522
2544-0932 (N.S.O.) Fax: (033) 2544-4520

Hiralal Mazumdar Memorial College For Women

DAKSHINESWAR • KOLKATA - 700 035

Re-Accredited by NAAC with B++ GRADE

E-MAIL: hmmcw35@gmail.com / WEBSITE: www.hmmcollege.ac.in

Date: 13/11/19.

NOTICE

Kolkata - 700035: 13.11.2019

Notified for information that an urgent meeting of IQAC will be held on 14.11.2019 at 03:00 P.M. in the meeting room of the college.

Following members, Heads of all departments and Convener & Placement officer of Career Counselling and Placement Cell are requested to remain present in the said meeting.

and NAAC Advisory Committee

Chief Advisor & President of the GB

Principal & Secretary

Convener

Joint Convener

University Nominee(GB)

Govt. Nominee(GB)

Govt. Nominee (GB)

Govt. Nominee (GB)

Bursar

Chairman, Kamarhati Municipality

Local Councillor

Legal Advisor and Alumni (Advocate, Calcutta High Court)

Teachers Council Secretary

Teachers' Representative

Teachers' Representative

Teachers' Representative Cum Ex-Student

Teachers' Representative

Teachers' Representative

Teachers' Representative

Teachers' Representative

Head Clerk

Accountant

NTS Representative

NTS Representative

:Sri Madan Mitra,

:Dr. Soma Ghosh

:Dr. Rupa Sen

:Dr. Dipanwita Ghosh 13.11.19

:Prof. Shibranjan Chatterjee

:Prof. S. Shibli

:Prof. Chaitali Bhattacharya

:Prof. Arunava Adhikari

:Dr. Lipika Mullick 13.11.19

:Shri Gopal Saha

:Smt. Shankari Bhowmick

:Smt. Arpita Banerjee

:Dr. Prodip Das

:Smt. Tanaya Ray 13/11/19

:Dr. Mohua Seth 13/11/19

:Smt. Antara Goswami 13/11/19

:Smt. Ishita Chatterjee

:Shri Ritwick Acharya 14/11/19

X:Smt. Debdutta Ganguly

:Ms. Fatma Khatoun

:Shri Samar Kumar Das 13/11/19

:Shri Prosenjit Das 13/11/19

:Shri Amit Kumar Mondal 13/11/19

:Smt. Sriparna Chatterjee 13/11/19

Concerned are requested to note and act accordingly.

Dr. Soma Ghosh

Principal & Secretary

Principal & Secretary

Hiralal Mazumdar Memorial College

For Women

M. Banerjee
13.11.2019

ATTESTED
Convener

Hiralal Mazumdar Memorial College

For Women

Dakshineswar, Kolkata - 700 035

Principal & Secretary

Hiralal Mazumdar Memorial College

For Women

Dakshineswar, Kolkata - 700 035

Members Present along with department head



1. Anu Khuntia 14.11.19
2. Rupali 14.11.19
3. Sumick 14.11.19
4. Shoshi 14.11.19
5. B. 14.11.19
6. Madhusita Das 14.11.19
7. Anu 14.11.19
8. Madhusita Das 14.11.19
9. Seeta 14/11/19
10. M. Setti 14/11/19
11. Tanaya Ray 14/11/19
12. Sandhya Das 14/11/19
13. Suparna Chatterjee (Mukherjee) 14/11/19
14. Brijata Mukhopadhyay 14/11/19
15. Debasree Shresh (Biswas) 14/11/19
16. Dilip Panda 14/11/19
17. Indira Das
18. Gunthacharya 14/11/19
19. Nibhanika Sarayan Das 14.11.19
20. Anu 14.11.19
21. S. Das
22. Brijanka Das
23. Subhanika Mallick

ATTESTED


Anu Khuntia
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 055



• Minutes of the meeting of Career, Counselling and Placement Cell.

1. Recommended that a career counselling session will be held on 5th of December, 2019 for the students of Food & Nutrition department in collaboration with VLCC.
2. Recommended that a orientation programme will be held on 22nd of November, 2019 for the students of 3rd year ~~students~~ in collaboration with Anudeep foundation and Careerograph. It is further recommended that the Head of the departments will take appropriate measures to communicate the same and co-ordinate with the placement officer of the Cell.

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dabhoi, Dist. Daheshwar, Kothda-35



Hiralal Mazumdar Memorial College For Women
Career Counselling & Placement Cell
in Collaboration with
Sustan Eye Foundation & Research Center
Organises a Counselling Programme

on "Ophthalmic Assitant Training"

Date: 03rd of May, 2019

Time: 12:00 noon, Venue: ICT, 116

ATTESTED

[Signature]
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dist. Dindori, Khatola-35

Hiralal Mazumdar Memorial College For Women
Dakshineswar, Kolkata – 700035



OPHTHALMIC ASSISTANT TRAINING PROGRAM
BY SUSRUT EYE FOUNDATION & RESEARCH CENTRE

Date- 3rd May, 2019

<u>Sl. No.</u>	<u>Signature</u>	<u>Class</u>	<u>Contact No.</u>
	Paradhona Mondal	3 year (G)	8509337266
	Pusta Mondal	"	8981624636
	Jhamesa Singha Roy	3 year (h)	9874875529
	Rinku Malik	3rd year	9748380973
	Indrani Saha	3rd year (general)	80420677315
	Mou Roy Chowdhury	3rd year (general)	8276903277
	Golapmai Murmu	1st year (H)	8926380911
	Sanjukta Rama	B.Sc. (H)	9874986206
	Anushree Deef	B.Sc (H)	8335961685
	Liza Chakraborty	B.Sc (H)	9775712788
	Ujjani Bandropadhyay	B.Sc. (H)	6290707551
	Anamika Santra	B.Sc (H)	9903721080
	Pallabi Majhi	B-A(H) 1st year	9874431008
	Bishati Kundu	B.Sc (H)	9874975331
	Tubaida Anjum khatoon	B.Sc (H) 1st year	8697432299
	Shruya Ghosh	B.Sc (H) 1st year	9123978809
	Suparna Malakar	B.Sc (H) 1st year	9875693988

ATTESTED

(Signature)
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035

**Hiralal Mazumdar Memorial College For Women
Dakshineswar, Kolkata – 700035**



OPHTHALMIC ASSISTANT TRAINING PROGRAM
BY SUSRUT EYE FOUNDATION & RESEARCH CENTRE

Date- 3rd May, 2019

<u>Sl. No.</u>	<u>Signature</u>	<u>Class</u>	<u>Contact No.</u>
	Priyanka Sankar.	B.A (H) 1st year	8697310898
	Puja Paul	B.A (H) 1st year	7890278115
	Trisha Paul	B.A (H) 1st year	8017503277
	Kakoli Ghosh	B.A (H) 1st year	8017176875
	Samanpita Dey	BA (H) 1st year	9674750908
	Purabi Sarkar	BA (G) 1st year	8981701997
	Sanjukta Saha.	BA (G) 1st year	8697772841
	Anu Sarkar	BA (G) 1st year	6290579339
	Sunila Thakur	B.A (G) 2nd year	9230435681
	Simran Parveen	B.A (G) 2nd year	9339946371
	Sabrin Parveen	B.A (G) 2nd year	6291077359
	Mala Thakur	B.A (G) 2nd year	9230435681
	Sabnam Nasra Khatun	B.A. General 1st year	8585828349
	Anisha Parveen	1st year (G)	9062709858
	Prity Roy	1st year B.Sc (H)	8017552307
	Dipamita Sidera	1st year B.Sc (H)	8335922701
	Sahana Parvin	1st year B.Sc (H)	9083435356

ATTESTED

Anu Sarkar
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035



ATTESTED
[Signature]
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshinapara, Kolkata-700 805



*Seminar
25/02/22*

*Res 18
1072/22*

Hiralal Mazumdar Memorial College for Women <hmmcw35@gmail.com>



Proposal for conducting seminar

1 message

Kinkar Carreograph <kinkar@carreograph.com>
To: hmmcw35@gmail.com
Cc: pradiptamukherjee@hmmcw.in

Thu, Feb 3, 2022 at 11:57 AM

To

Pradipta Mukherjee

Assistant Professor

Hiralal Majumdar Memorial College For Women,

Kolkata - 700 035.

SUB: Conducting seminar with your students on

“Career Prospects of a Medical representative”

Or

“Personal Growth Laboratory”

Respected Sir,

Carreograph Institute of Management Studies is an Academic Institution imparting Autonomous Job Oriented Training Programme in the field of Pharmaceuticals and Professional Grooming.

Carreograph in collaboration with Hiralal Majumdar Memorial College would like to organize a Career Oriented Seminar on the above Topics.

For effective conducting of the said seminar we request to your good office to kindly provide us with the following details which will help us to conduct the seminar.

1. Participates from which semester
2. Which department
3. Number of participates
4. How will our E-Poster reached the students if seminar is conducted in online (webinar) mode.
5. How do we get the participates list with contact number.

ATTESTED
[Signature]
Principal & Secretary
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For Women
Dakshineswar, Kolkata-700 035

The seminar can be conducted in online or offline mode as desired by the Institution



Thanks & Regards,

Kinkar Das,

Executive Manager –Administration,

Carreograph Institute of Management Studies

227D A.P.C. Road, Kolkata – 700004.

Contact: 9830027821

Web : www.carreograph.in

ATTESTED

A handwritten signature in blue ink, appearing to read "Anu A. Das", written over a horizontal line.

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 805



(65)

1

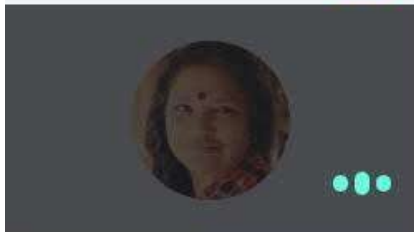


PRADIPTA MUKHERJEE (You)



Joyita Paul

NEW



Chaitali Bhattacharjee



Alakananda Dutt

ATTESTED
Principal & Secretary
Hiral Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035

Also in the meeting (62)



(69)

1



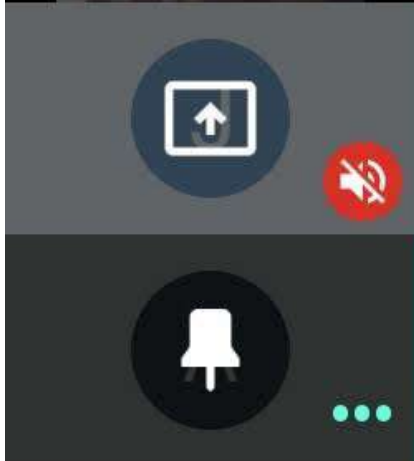
PRADIPTA MUKHERJEE (You)

Chaitali Bhattacharjee



Jyoti Mondal

NEW



ATTESTED

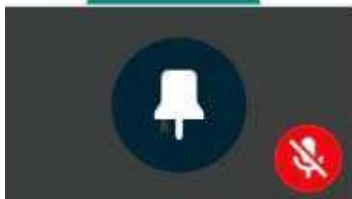
Principal & Secretary
Hiral Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035

Also in the meeting (65)



(130)

61



Parna Mondal (You)



Haimanti Bagchi



Haimanti Bagchi



Srabani Banerjee

NEW

Also in the meeting (126)

Arpita Banerjee muted Sudeepta Bhattacharya

Afrina Sultana

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Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035





Date: 03/02/2022

10/02/2022

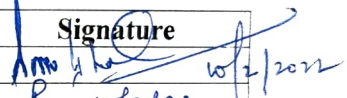
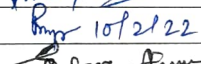
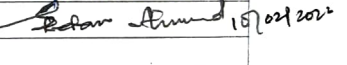
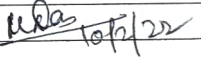
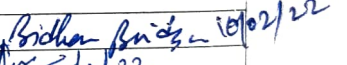
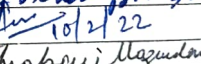
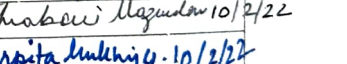
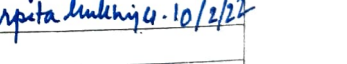
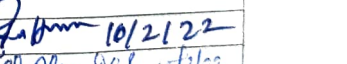
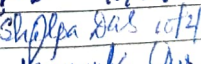

Notice

A meeting of the Career Counselling and Placement Cell of the College will be held on 10th day of February, 2022 in the Meeting Hall of the College at 12 noon to discuss the following agenda.

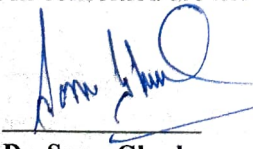
1. To discuss about the proposals received by various organisations.
2. To discuss about initiation of Coaching Class (2022) for preparing the students for competitive examination.
3. Miscellaneous.

Following are the names of the members of the committee.

Members Present


Sl.No.	Designation	Name	Signature
	Principal & Secretary	Dr. Soma Ghosh	 10/2/2022
	Convener & Placement Officer	Dr. Pradipta Mukherjee	 10/2/22
	Joint Convener	Dr. S. Rehan Ahmad	 10/02/2022
	IQAC Coordinator	Dr. Rupa Sen	
	Teacher's Council Secretary	Dr. Prodip Das	
	Teaching Member	Dr. Madhushri Das	 10/2/22
	Teaching Member	Dr. Tamal Mondal	
	Teaching Member	Shri Bidhan Baidya	 10/02/22
	Teaching Member	Dr. Amrita Chaudhuri	 10/2/22
	Teaching Member	Smt. Shraboni Mazumder	 10/2/22
	Teaching Member	Dr. Arpita Mukherjee	 10/2/22
	Teaching Member	Dr. Rajasree Chakraborty	
	Teaching Member	Smt. Tanaya Ray	
	Non-Teaching Member	Shri Joydeb Bhattacharya	 10/2/22
	Non-Teaching Member	Smt. Shilpa Das	 10/2/22
	Non-Teaching Member	Smt. Priyanka Das	 10/2/22

All concerned are hereby requested to note.


Dr. Soma Ghosh
Principal

03/02/2022

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885

Recommendations of meeting held on 10th Feb.



1. A seminar will be organized by RICE & in collaboration with career counselling and placement cell. Proposed date for the seminar is 18th Feb, 2022.
2. A seminar will be organized by Anudip Foundation for 2020-2021 Graduates. They are offering a course which will prepare the candidates for the placement in Cap Gemini. Proposed date for the seminar is 22nd Feb, 2022.

A seminar will be organized by Careerograph. Proposed date for the seminar is 25th Feb, 2022.

A proposal for organizing a seminar by Food & Nutrition Department in collaboration with Career Counselling and Placement cell has been endorsed.

Resolution :-

1. Competitive Examination Course will commence in March, 2022.
2. A proposal will be sent from the career counselling and placement cell to West Bengal State University for seeking a collaboration to start a course for the preparation of competitive exam.

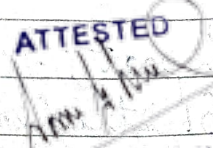
Report :-

- 1) 51 students have been placed from 20th June, 2022 to Dec, 2021 by the career counselling and placement cell.
2. 8 students have been placed after completion of training from ICICI academy for skills. Reported by the concerned academy on 6th Feb, 2022.

ATTESTED

Hiral Mahanta
Principal
Hiral Mahanta Memorial College
Guwahati, Assam

3. A webinar was organized by WEB
5th Jan, 2022 during the student
celebration.

ATTESTED

Principal & Secretary
Hiral Mazumdar Memorial College
For Women
Dakshinapuri, K. Datta - 700 835



Forwarded to Dept. of F&T - To conduct seminar/webinar Res - 12 (10/2/22) meetings & career counselling & placement cell
Pr. Soma Ghosh

Hiralal Mazumdar Memorial College for Women <hmmcw35@gmail.com>



Proposal for Career Counselling and Creer options for Nutrition students and other from VLCC Institute Kankurgachi

2 messages

Institute2 Kol <institute2.kol@vlccwellness.com>
To: "hmmcw35@gmail.com" <hmmcw35@gmail.com>
Cc: pradiptamukherjee@hmmcw.in

Mon, Dec 20, 2021 at 3:14 PM

To
The Principal
Dr Soma Ghosh
Hiralal Mazumdar Memorial College for Women
Kolkata

Dear Madam

Greetings from VLCC Institute!!

The email is in reference to the discussion I had with Gopa Chatterjee of your College regarding the Career Options for Students with Nutrition as a subject . I would like to introduce VLCC Institute briefly.

We, VLCC Institute, the Leaders in Beauty & Wellness training, have successfully trained more than 75000 students so far. State-of-the-art infrastructure, market relevant courses, qualified and well-trained faculty, dedicated placement division are the key pillars of the success of VLCC Institute. With a range of more than 70 courses to choose from, candidates get an opportunity to learn and practice from a diverse spectrum.

No wonder VLCC Institute certificate is valued by the leading recruiters. IAO and CIDESCO (at select locations) Certifications add credibility to the quality of training.

One can choose course(s) from any of the streams - Aesthetics, Makeup, Hair Design, Nail Art, Nutrition, Skin, and Spa Therapy. VLCC has been helping Students in shaping their future and career and becoming self dependent without any age restriction.

We would like to organize a Career Counseling activity at your Premis particularly for the students of Nutrition and if possible with the other streams students specially Arts stream where the college students can have a detailed knowlege of other skills and courses we offer with the career options of the highly demanding industry at your premisis.

Along with our faculty and students we will be conducting a program on **Health, Nutrition and Beauty** .We would be requiring your premises. Please let us know when can the activity be organized between Monday to Friday at your premisis.

Looking forward for your cooperation.

Thanks and regards

Madhumita Kundu
Head of Institute || Phoolbagan branch

M 9674386251 / 8448795582 P 033-23201443/44



www.vlccinstutie.com | Facebook : www.facebook.com/Vlccinstitute

Note: VLCC is not an acronym. The company is registered as VLCC Health Care Limited.

Many people ask us what VLCC stands for. The answer is commitment to improving the quality of lives we touch. VLCC is not an acronym but a brand – a pioneering wellness brand that stands for innovation and commitment to client delight

ATTESTED
(Signature)
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 005



REPORT- JANUARY 2017 to JANUARY 2018

Hiralal Majumdar Memorial College For Women, Dakshineswar organized ‘**CERTIFICATE COURSE IN YOGA AND MEDITATION- 2017**’ for students. 43 students participated in the course. The course duration was 6 months. Final examination held on **19th September,2017**. The exam began with prayer. Dr. Chandana Chakraborty, WBSU nominee GB member of the college act as external examiner. Subimal Deb, Yoga cum Sports Instructor of H.M.M.C.W. act as internal examiner. The exam finished with National Anthem.

Hiralal Majumdar Memorial College For Women, Dakshineswar organized **INTERNATIONAL YOGA DAY CELEBRATION** on **21st June,2017**. The programme began with welcome ceremony of the chief guests, Sri Madan Mitra, President of GB of the college. The Principal, Dr. Soma Ghosh welcomed him with bouquets, batches and mementoes. A melodious welcome song was rendered by the college choir. Event started with yoga prayer by participants. They showed up various types of yogic activity like Suryanamaskar, Pranayam, Mudras, Yogasana etc. Participants enthused by a wonderful speech gave by Dr. Pradipta Mukherjee, Sports In-charge of H.M.M.C.W. and Dr. Prodip Das, Sports In-charge of H.M.M.C.W.

ATTESTED

Principal & Secretary
Hiralal Majumdar Memorial College
For Women
Dakshineswar, Kolkata-700 805



Following students participated in following events-

CERTIFICATE COURSE IN YOGA AND MEDITATION

(B.A. / B.SC (HONS & GENERAL))

SL. NO	YEAR OF ENROLLMENT	STUDENT'S NAME	REGISTRATION NUMBER
1.	2017	DEBADRITA MUKHERJEE	'1201721400149
2.	2017	SANJANA DAS	'1201721400151
3.	2017	SHUKLA DAS	'1201721400152
4.	2017	LOVELY SINGH	'1201721400153
5.	2017	GULNAR MOSARRAT	'1201722400160
6.	2017	PIYALI SAMANTA	'1201721400161
7.	2017	RIYA SANA	'1201721400162
8.	2017	TITHI BALTI	'1201721300163
9.	2017	ANUSHREE PRAMANICK	'1201721400166
10.	2017	ASHURA TAKRIM	'1201722300167
11.	2017	RIYA ROY	'1201721100169
12.	2017	SUMANA GANGULY	'1201721400170
13.	2017	TIYASHA DAS	'1201721400195
14.	2017	MITHU PARUI	'1201721100196
15.	2017	NANDITA ACHARYA	'1201721400199
16.	2017	SNEHA DAS	'1201721400200
17.	2017	MOUMITA BISWAS	'1201721400201
18.	2017	RIMPA DAS	'1201721400202
19.	2017	SMRITIREKHA SASMAL	1201721400216
20.	2017	RIMPA DEY	'1201721400217
21.	2017	CHANDRIMA KUNDU	'1201721400220
22.	2017	SHILPA BERA	'1201721400221
23.	2017	SWARNALI GHOSH	'1201721400222
24.	2017	BIDISHA KARATI	'1201721400224
25.	2017	ANWESHA CHAKRABORTY	'1201721400226
26.	2017	CHANDRIMA ADAK	'1201721400227
27.	2017	PAYEL DAS	'1201721400228
28.	2017	SIMA SANTRA	'1201721400229
29.	2017	SMRITILEKHA DAS	'1201721400230
30.	2017	MOUSUMI NASKAR	'1201721100231
31.	2017	KAJAL SHARMA	'1201721400232
32.	2017	SWATI BANERJEE	'1201721400233
33.	2017	SAMPA DUTTA	'1201721400234
34.	2017	SAYANEE ROY	'1201721400236
35.	2017	SHILPA BERA	'1201721300237
36.	2017	SWARNALI GHOSH	'1201721400238

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



37.	2017	SAHELI PAUL	'1201721400239
38.	2017	KHUKU SHARMA	'1201721400249
39.	2017	CHANDRABALI ADAK	'1201721400254
40.	2017	JOYSHREE KARMAKAR	'1201721400268
41.	2017	PUJA CHHORI	'1201721400293
42.	2017	MOUMITA BARIK	'1201721400294
43.	2017	PORTIA BHAUMIK	'1201721400295

**INTERNATIONAL YOGA DAY CELEBRATION on 21st
June, 2017**

SL. NO	STUDENT'S NAME
1.	DEBADRITA MUKHERJEE
2.	SANJANA DAS
3.	SHUKLA DAS
4.	LOVELY SINGH
5.	GULNAR MOSARRAT
6.	PIYALI SAMANTA
7.	RIYA SANA
8.	TITHI BALTI
9.	ANUSHREE PRAMANICK
10.	ASHURA TAKRIM
11.	RIYA ROY
12.	SUMANA GANGULY
13.	TIYASHA DAS
14.	MITHU PARUI
15.	NANDITA ACHARYA
16.	SNEHA DAS
17.	MOUMITA BISWAS
18.	RIMPA DAS
19.	SMRITIREKHA SASMAL
20.	RIMPA DEY
21.	CHANDRIMA KUNDU
22.	SHILPA BERA
23.	SWARNALI GHOSH
24.	BIDISHA KARATI
25.	ANWESHA CHAKRABORTY
26.	CHANDRIMA ADAK
27.	PAYEL DAS
28.	SIMA SANTRA

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Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



29.	SMRITILEKHA DAS
30.	MOUSUMI NASKAR
31.	KAJAL SHARMA
32.	SWATI BANERJEE
33.	SAMPA DUTTA

REPORT- JANUARY 2018 to JANUARY 2019

Hiralal Majumdar Memorial College For Women, Dakshineswar organized '**CERTIFICATE COURSE IN YOGA AND MEDITATION- 2018**' for students. 81 students participated in the course. The course duration was 6 months. Final examination held on **21st September,2018**. The exam began with prayer. Dr. Chandana Chakraborty, WBSU nominee GB member of the college act as external examiner. Shampa Sen, Yoga Instructor of H.M.M.C.W. act as internal examiner. The exam finished with National Anthem.

Hiralal Majumdar Memorial College For Women, Dakshineswar organized **INTERNATIONAL YOGA DAY CELEBRATION** on **21st June,2018**. The programme began with welcome ceremony of the chief guests, Sri Madan Mitra, President of GB of the college. The Principal, Dr. Soma Ghosh welcomed him with bouquets, batches and mementoes. A melodious welcome song was rendered by the college choir. Event started with yoga prayer by participants. They showed up various types of yogic activity like Suryanamaskar, Pranayam, Mudras, Yogasana etc. Participants enthused by a wonderful speech gave by Dr. Prodip Das, Sports In-charge of H.M.M.C.W.

Following students participated in following events-

CERTIFICATE COURSE IN YOGA AND MEDITATION

(B.A. / B.SC (HONS & GENERAL))

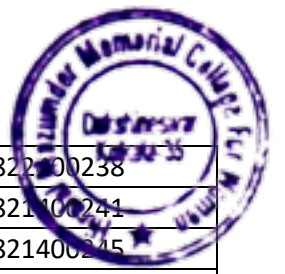
ATTESTED

Principal & Secretary
Hiralal Majumdar Memorial College
For Women
Dakshineswar, Kolkata-700 805

SL.NO	ENROLLMENT YEAR	STUDENT NAME	REGISTRATION NUMBER
1.	2018	AYANTIKA GHOSH	'1201821300006
2.	2018	CHANDRIKA BISWAS	'1201821400007
3.	2018	DONA MUKHERJEE	'1201821400008
4.	2018	PAROMITA DAS	'1201821400016
5.	2018	ANANYA CHOWDHURY	'1201821400029
6.	2018	PIYALI ROY	'1201821400030
7.	2018	DISHANI MAZUMDER	'1201821400032
8.	2018	ADITI BANERJEE	'1201821400050
9.	2018	PRIYANKA MONDAL	'1201821100053
10.	2018	PIYALI KANSABANIK	'1201821400057
11.	2018	ARPITA PATRA	'1201821400060
12.	2018	SRABANI DAS	'1201821400067
13.	2018	MAHUYA MAITY	'1201821400076
14.	2018	SANGEETA NATH	'1201821400080
15.	2018	PRIYANKA DAS	'1201821400081
16.	2018	DEEPSHIKHA BISWAS	'1201821400086
17.	2018	JUI DAS	'1201821400087
18.	2018	MOITRAYEE DEY ROY	'1201821400088
19.	2018	MOUMITA GHOSH	'1201821400089
20.	2018	BHAGYASHREE DUTTA	'1201821400104
21.	2018	IPSITA JANA	'1201821100106
22.	2018	PRIYANKA GHOSH	'1201821400113
23.	2018	PRIYANKA SARKAR	'1201821400115
24.	2018	TRISHITA SANYAL	'1201821400123
25.	2018	UMME KULSUM SK	'1201822400124
26.	2018	PRITY MANNA	'1201821400135
27.	2018	PRIYANKA DAS	'1201821400136
28.	2018	SHARMILA THAKUR	'1201821400154
29.	2018	SREOSHI SAHA	'1201821400157
30.	2018	SRILEKHA DAS	'1201821400158
31.	2018	AHELY KUNDU	'1201821400160
32.	2018	TARANNUM ARA	'1201822400171
33.	2018	TARANNUM KHATOON	'1201822300172
34.	2018	TINKU DAS	'1201821400175
35.	2018	HAIMANTI CHANDRA	'1201821400180
36.	2018	KAJAL DAS	'1201821400181
37.	2018	MOU BISWAS	'1201821400185
38.	2018	PRIYA DAS	'1201821400188
39.	2018	BHAGYA LAKSHMI SINHA	'1201821400189
40.	2018	PUJA PAUL	'1201821400190
41.	2018	PALLABI MAJHI	'1201821100200
42.	2018	ISHITA NATH	'1201821300210
43.	2018	SMRITI PAUL	'1201821300214
44.	2018	PURBASREE RAUTH	'1201821400217
45.	2018	SUNITA PRAJAPATI	'1201821400218
46.	2018	FEROZA KHATOON	'1201822400219
47.	2018	SRITAMA HALDER	'1201821100223
48.	2018	BIDISHA BISWAS	'1201821400231
49.	2018	MOU SURAI	'1201821400232



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For Women
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50.	2018	SHAISTA PARVEEN	'1201822400238
51.	2018	ANSUNI PRIYA SHARMA	'1201821400241
52.	2018	RIMI HAZRA	'1201821400245
53.	2018	SAHELI JANA	'1201821400252
54.	2018	CHIRANTANI MUKHOPADHYAY	'1201821400258
55.	2018	PULOMA DHAR	'1201821400282
56.	2018	TAHSEEN NAAZ	'1201822400285
57.	2018	RINI BATAL	'1201821400299
58.	2018	IPSITA BANERJEE	'1201821400301
59.	2018	SUPARNA MALAKAR	'1201821400318
60.	2018	BAISHALI KUNDU	'1201821400319
61.	2018	LIZA CHAKRABORTY	'1201821400323
62.	2018	TORSA MAZUMDAR	'1201821400330
63.	2018	BIYAS MAJUMDER	'1201821400331
64.	2018	ANTARA BISWAS	'1201821400342
65.	2018	PUJA DUTTA	'1201821400359
66.	2018	NAGMA BANO	'1201822400386
67.	2018	MAMONI DEWRI	'1201821400390
68.	2018	ANJALI ROY	'1201821400391
69.	2018	DEBJANI GUHA ROY	'1201821400399
70.	2018	DAMINI ROY	'1201821400400
71.	2018	SONALI SIL	'1201821400407
72.	2018	SUKLA SHOW	'1201821400408
73.	2018	BHANUPRIYA DAS	'1201821400429
74.	2018	MINATI BERA	'1201821300433
75.	2018	MAMONI ADHIKARY	'1201821400469
76.	2018	PRATIKSHA BARMAN	'1201821400470
77.	2018	RIYA DAS	'1201821400471
78.	2018	EBTESHAM AYUBI	'1201822400475
79.	2018	PURBASHA DAS	'1201821400476
80.	2018	SAHELI PAUL	'1201821400483
81.	2018	SHABIA BANO	'1201822400485


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Hiralal Mazumdar Memorial College
For Women
Dalkhineswar, Kolkata-700 805



INTERNATIONAL YOGA DAY CELEBRATION on 21st June, 2018

SL.NO	STUDENT NAME
1.	CHANDRIKA BISWAS
2.	DONA MUKHERJEE
3.	PAROMITA DAS
4.	ANANYA CHOWDHURY
5.	SANGEETA NATH
6.	PRIYANKA DAS
7.	DEEPSHIKHA BISWAS
8.	JUI DAS
9.	SRILEKHA DAS
10.	AHEL Y KUNDU
11.	TARANNUM ARA
12.	TARANNUM KHATOON
13.	TINKU DAS
14.	HAIMANTI CHANDRA
15.	KAJAL DAS
16.	MOU BISWAS
17.	PRIYA DAS
18.	BHAGYA LAKSHMI SINHA
19.	PUJA PAUL
20.	PALLABI MAJHI
21.	ISHITA NATH
22.	SMRITI PAUL
23.	PURBASREE RAUTH
24.	SUNITA PRAJAPATI
25.	FEROZA KHATOON
26.	SRITAMA HALDER
27.	BIDISHA BISWAS
28.	MOU SURAI
29.	SHAISTA PARVEEN
30.	ANTARA BISWAS
31.	PUJA DUTTA
32.	NAGMA BANO
33.	MAMONI DEWRI
34.	ANJALI ROY
35.	DEBJANI GUHA ROY
36.	DAMINI ROY
37.	SONALI SIL
38.	SUKLA SHOW
39.	BHANUPRIYA DAS
40.	MINATI BERA
41.	MAMONI ADHIKARY
42.	PRATIKSHA BARMAN

ATTESTED

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Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



43.	RIYA DAS
44.	EBTESHAM AYUBI
45.	PURBASHA DAS
46.	SAHELI PAUL
47.	SHABIA BANO

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035



REPORT- JANUARY 2019 to JANUARY 2020

Hiralal Majumdar Memorial College For Women, Dakshineswar organized '**CERTIFICATE COURSE IN YOGA AND MEDITATION- 2019**' for students. 74 students participated in the course. The course duration was 6 months. Final examination held on **21st September,2019**. The exam began with prayer. Dr. Chandana Chakraborty, WBSU nominee GB member of the college act as external examiner. Sumita Chakraborty, Yoga cum Physical Instructor of H.M.M.C.W. act as internal examiner. The exam finished with National Anthem.

Hiralal Majumdar Memorial College For Women, Dakshineswar organized **INTERNATIONAL YOGA DAY CELEBRATION** on **21st June,2019**. The programme began with welcome ceremony of the chief guests, Prof. Basab Chowdhury, Vice- Chancellor of West Bengal State University and Sri. Madan Mitra, President of GB of the college. The Principal, Dr. Soma Ghosh welcomed him with bouquets, batches and mementoes. A melodious welcome song was rendered by the college choir. Event started with yoga prayer by participants. They showed up various types of yogic activity like Suryanamaskar, Pranayam, Mudras, Yogasana etc. Participants enthused by a wonderful speech gave by Dr. Pradipta Mukherjee, Sports In-charge of H.M.M.C.W.

Following students participated in following events-

CERTIFICATE COURSE IN YOGA AND MEDITATION **(B.A. / B.SC (HONS & GENERAL))**

SL.NO	ENROLLMENT YEAR	STUDENT'S NAME	REGISTRATION NUMBER
1	2019	PUJA DEY	'1201921400100
2	2019	FIZA AFREEN	'1201922500201
3	2019	SHRUTI SEN	'1201921400118
4	2019	SUCHANDRA HALDER	'1201921400540
5	2019	BALAKA BHADRA	'1201921400099
6	2019	PUJA GHOSH	'1201921400091

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For Women
Dakshineswar, Kolkata-700 885



7	2019	ISHITA DUTTA	'1201921400105
8	2019	PRITHA MITRA	'1201921400200
9	2019	SAIMANTIKA GHOSHAL	'1201921400090
10	2019	SANGITA ADAK	'1201921400101
11	2019	RITIKA DEBNATH	'1201921410273
12	2019	SUFI SAHEED	'1201922400275
13	2019	RIMA GHOSH	'1201921400270
14	2019	NUPUR PAUL	'1201921400277
15	2019	SHANA PARVEEN	'1201922400281
16	2019	BITHIKA CHAKRABORTY	'1201921400280
17	2019	SARMISTHA DUTTA	'1201921400274
18	2019	YASMEEN	'1201922400276
19	2019	KIRTIKA PODDAR	'1201921400271
20	2019	CHITRA DAS	'1201921400269
21	2019	NEHA SHAW	'1201921600278
22	2019	SOMASHREE BHOWMICK	'1201921400272
23	2019	PRIYANKA BASAK	'1201921400279
24	2019	SRIJITA ADDHYA	'1201921400293
25	2019	SWARALIPI CHAKRABORTY	'1201921400299
26	2019	BHASWATI ROY	'1201921400052
27	2019	PRIYA GHOSH	'1201921400050
28	2019	ANUSHREE SAMANTA	'1201921400051
29	2019	TRIPTI KHAMARU	'1201921400049
30	2019	ARIFA PARVEEN	'1201922400005
31	2019	ISHRAT PARWEEN	'1201922400001
32	2019	DEVJANI DAS	'1201921400004
33	2019	MUSKAN GUPTA	'1201921400167
34	2019	PUJA JAISWAL	'1201921400006
35	2019	AYANTIKA DAS	'1201921400002

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Dakshineswar, Kolkata-700 885



36	2019	DISHANI MITRA	'1201921400007
37	2019	TRINA MONDAL	'1201921400003
38	2019	TANIMA MONDAL	'1201921400166
39	2019	ANKITA HAIT	'1201921400168
40	2019	IPSITA BOSE	'1201921400048
41	2019	GORE MAITY	'1201921400047
42	2019	HRITIKA SARDER	'1201921100041
43	2019	SAUMI BANERJEE	'1201921400042
44	2019	JAYETA BARDHAN	'1201921400045
45	2019	MAITRY DAS	'1201921400044
46	2019	ANKITA KAR	'1201921400046
47	2019	MAHASWETA MAITY	'1201921400183
48	2019	SNEHASREE PALLOB	'1201921600184
49	2019	AYANIKA GHOSH ROY	'1201921400043
50	2019	LABANI SARKAR	'1201921400245
51	2019	SHILPA PAN	'1201921400243
52	2019	PAYEL HAZRA	'1201921400242
53	2019	PAYEL PALIT	'1201921400241
54	2019	SARASWATI SAREN	'1201921200244
55	2019	SHREYA BHATTACHARYA	'1201921400368
56	2019	DEBJANI PAUL	'1201921400363
57	2019	SHREYA SINHA	'1201921400371
58	2019	SNEHASHREE DAS	'1201921600345
59	2019	SWATHI ROY	'1201921100346
60	2019	DIPANNITA DEBNATH	'1201921400357
61	2019	TANAYA BASU	'1201921400198
62	2019	SAIANKA BHAURAY	'1201921400337
63	2019	SIBA AKHTARI	'1201922400369
64	2019	TITHI ROUT	'1201921400196

ATTESTED
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Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Cuttack-753 005



65	2019	TRIPTI KUMAR	'1201921400335
66	2019	SIMA SHARMA	'1201921400356
67	2019	ANKITA MODAK	'1201921400351
68	2019	ANAKSHI CHAKRABORTY	'1201921400347
69	2019	MANISHA GHOSH	'1201921400538
70	2019	POUSHALI ADHIKARI	'1201921400353
71	2019	ADRIJA CHAKRABORTY	'1201921400342
72	2019	MALLIKA PAL	'1201921400372
73	2019	MEDHASHREE NASKAR	'1201921100336
74	2019	PAYEL BAIRAGI	'1201921400539

INTERNATIONAL YOGA DAY CELEBRATION on 21st June, 2019

SL.NO	STUDENT'S NAME
1	PUJA DEY
2	FIZA AFREEN
3	SHRUTI SEN
4	SUCHANDRA HALDER
5	BALAKA BHADRA
6	PUJA GHOSH
7	RITIKA DEBNATH
8	SUFI SAHEED
9	RIMA GHOSH
10	NUPUR PAUL
11	SHANA PARVEEN
12	BITHIKA CHAKRABORTY
13	SARMISTHA DUTTA
14	YASMEEN
15	PRIYANKA BASAK

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Dakshineswar, Kolkata-700 885



16	SRIJITA ADDHYA
17	SWARALIPi CHAKRABORTY
18	BHASWATI ROY
19	PRIYA GHOSH
20	ANUSHREE SAMANTA
21	TRIPTI KHAMARU
22	ARIFA PARVEEN
23	ISHRAT PARWEEN
24	DEVJANI DAS
25	MUSKAN GUPTA
26	PUJA JAISWAL
27	AYANTIKA DAS
28	DISHANI MITRA
29	TRINA MONDAL
30	TANIMA MONDAL
31	ANKITA HAIT
32	ANKITA KAR
33	LABANI SARKAR
34	DEBJANI PAUL
35	SHREYA SINHA
36	SNEHASHREE DAS

ATTESTED

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Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 005

REPORT- JANUARY 2020 to JANUARY 2021



Hiralal Majumdar Memorial College For Women, Dakshineswar organized 'CERTIFICATE COURSE IN YOGA AND MEDITATION- 2020' for students. 22 students participated in the course. The course duration was 180 days. Course start from August,2020 during Covid 19. Classes held by online mode. Final examination held on **14th August,2021**. The exam began with prayer. Dr. Chandana Chakraborty, WBSU nominee GB member of the college act as external examiner. Sutapa Ghosh, Yoga cum Physical Instructor Instructor of H.M.M.C.W. act as internal examiner. The exam finished with National Anthem.

Following students participated in following events-

CERTIFICATE COURSE IN YOGA AND MEDITATION **(B.A. / B.SC (HONS & GENERAL)**

Sl. No	ENROLLMENT YEAR	STUDENT'S NAME	Roll N0/ REGISTRATION NUMBER
1	2020	ANIMA NAYEK	SH20-2
2	2020	ANKITA SAMANTA	AH20-198
3	2020	ANUSHKA MALLIK	AH20-219
4	2020	AYUSHMITA DAS	AH20-239
5	2020	BAISAKHI MONDAL	SH20-106
6	2020	ISHITA DEY SARKAR	AH20-166
7	2020	DEBOSMITA DAS	AH20-158
8	2020	MONIKA ROY	SH20-177
9	2020	PAYEL DAS	AH20-199
10	2020	PRERANA DAS	AH20-256

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Hiralal Majumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



11	2020	PRIYANKA PODDER	AG20-80
12	2020	PRIYANKA SAHA	AG20-106
13	2020	PUJA YADAV	AH20-88
14	2020	PURNIMA MAJHI	AG20-33
15	2020	RISHIKA ROY	SH20-13
16	2020	RUPANJANA GHOSH	SH20-83
17	2020	SAYANTIKA PAL	SH20-18
18	2020	SREYA SHIL	AH20-196
19	2020	SRUTI PAL	AG20-24
20	2020	SUDIPA NASKAR	SH20-48
21	2020	SUSMITA SHARMA	SH20-213
22	2020	TINAMONI KARMAKAR	80

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 805



**REPORT- JANUARY 2021 to
January 2022**

Hiralal Majumdar Memorial College For Women, Dakshineswar organized ‘**CERTIFICATE COURSE IN YOGA AND MEDITATION- 2021**’ for students. 25 students participated in the course. The course duration was 180 days. Course start from November,2021 during Covid 19. Classes held by multi-mode (both online and offline). Final examination held on **14th September,2022**. The exam began with prayer. Dr. Chandana Chakraborty, WBSU nominee GB member of the college act as external examiner. Sutapa Ghosh, Yoga cum Physical Instructor Instructor of H.M.M.C.W. act as internal examiner. The exam finished with National Anthem.

Hiralal Majumdar Memorial College For Women, Dakshineswar organized **INTERNATIONAL YOGA DAY CELEBRATION** on **21st June,2022**. NCC cadets also actively participated in this programme. The programme began with welcome ceremony of the chief guests, Dr. Anirban Sarkar, Sports Convenor of West Bengal State University. The Principal, Dr. Soma Ghosh welcomed him with bouquets, batches and mementoes. A melodious welcome song was rendered by the college choir. Event started with yoga prayer by participants. They showed up various types of yogic activity like Suryanamaskar, Pranayam, Mudras, Yogasana etc. Participants enthused by a wonderful speech gave by Dr. Pradipta Mukherjee, Sports In-charge of H.M.M.C.W. and Dr. Prodip Das, Sports In-charge of H.M.M.C.W.

3 students from B.A. General participated in **Inter College Yoga competition** on 16.12.2021 at Basirhat College, and secured third position. Sutapa Ghosh, Sports Instructor of H.M.M.C.W. joined with them as both coach and manager in those competition. Every event started with flag hosting by Dr. Anirban Sarkar, Sports Convenor of West Bengal State University and other dignitaries and Oath taking by participants.

Following students participated in following events-

ATTESTED

Principal & Secretary
Hiralal Majumdar Memorial College
For Women
Dakshineswar, Kolkata-700 805



CERTIFICATE COURSE IN YOGA AND MEDITATION
(B.A. / B.SC (HONS & GENERAL))

Sl. No	ENROLLMENT YEAR	STUDENT'S NAME	Roll N0/ REGISTRATION NUMBER
1	2021	ARUNIMA NAG	SH21-46
2	2021	DEBOMITA GHOSH	SH21-55
3	2021	PALLABI BAIDYA	AH20155
4	2021	SANCHYAITA PANDIT	AH20-50
5	2021	FARAH NAAJ	AH21-102
6	2021	RAKHI SHARMA	AG21-167
7	2021	RUPSHA NANDY	SH21-121
8	2021	SHILPA GHOSH	SH21-23
9	2021	FATCHIN MAKSUM	AH21-116
10	2021	PREETY DEBNATH	AG21-143
11	2021	DEBASRI KANGSABANIK	AH21-50
12	2021	REHANA KHATUN	AH20-116
13	2021	KAIFIA SALIM	AG21-175
14	2021	LAXMI RANI KUNDU	AH21-136
15	2021	DEEPSIKHA KAR	AH21-157
16	2021	LAXMI DEY	SH21-52
17	2021	SULAGNA SEN	AH21-121
18	2021	SANCHITA ROY	SH2156
19	2021	RAJYASHREE CHAUDHURY	AH21-124
20	2021	KRISHNA KARMAKAR	AH20-117
21	2021	ANURUPA PAL	'1202221400170
22	2021	SANIYA ANWAR	'1202222400189
23	2021	SUCHETA MAJI	'1202221400306
24	2021	ANUSHUYA SARKAR	'1202221400284
25	2021	SOUMILI DAS	'1202221400305

INTERNATIONAL YOGA DAY CELEBRATION on 21st

June,2022

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Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



Sl. No	STUDENT'S NAME
1	ARUNIMA NAG
2	DEBOMITA GHOSH
3	PALLABI BAIDYA
4	SANCHYAITA PANDIT
5	FARAH NAAJ
6	RAKHI SHARMA
7	RUPSHA NANDY
8	SHILPA GHOSH
9	FATCHIN MAKSUM
10	PREETY DEBNATH
11	DEBASRI KANGSABANIK
12	REHANA KHATUN
13	KAIFIA SALIM
14	LAXMI RANI KUNDU
15	DEEPSIKHA KAR
16	LAXMI DEY
17	SULAGNA SEN
18	SANCHITA ROY
19	RAJYASHREE CHAUDHURY
20	KRISHNA KARMAKAR
21	ANURUPA PAL
22	SANIYA ANWAR
23	SUCHETA MAJI
24	ANUSHUYA SARKAR
25	SOUMILI DAS
26	SWARNALI BANERJEE
27	NASIMA KHATUN
28	SABITA PAL
29	PRIYASHA DEY
30	SHNEHASHREE PALLOB
31	PUJA DAS
32	ANANYA KUMAR
33	SUPRITI CHAKRABORTY

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 805



34	SHILPA GHOSH
35	PRIJESHA DEY

**(WEST BENGAL STATE UNIVERSITY INTER COLLEGE
TOURNAMENT 2021-2022)**

Sl. no	Date of event/activity (DD-MM-YYYY)	Name of the event/activity	Venue	Name of the student participated
1	16-12-2021	Yoga	Basirhat College	SULAGNA SEN
2	16-12-2021	Yoga	Basirhat College	REHANA KHATUN
3	16-12-2021	Yoga	Basirhat College	KRISHNA KARMAKAR

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 805



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal 700016, India

Latitude
22.65654255°

Longitude
88.36085004°

Local 12:07:47 PM
GMT 06:37:47 AM

Altitude -38.02 meters
Tuesday, 21-06-2022

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035



GPS Map
Camera Lite

35/1, College Para, May Dibas Pally, Dakshineswar, Kolkata,
West Bengal 700076, India

Latitude
22.65670931°

Longitude
88.36082246°

Local 11:34:04 AM
GMT 06:04:04 AM

Altitude -49.43 meters
Tuesday, 21-06-2022

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal 700016, India

Latitude
22.65651495°

Longitude
88.36087874°

Local 12:14:21 PM
GMT 06:44:21 AM

Altitude -38.09 meters
Tuesday, 21-06-2022

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal 700016, India

Latitude
22.65651412°

Longitude
88.36087865°

Local 12:15:53 PM
GMT 06:45:53 AM

Altitude -37.99 meters
Tuesday, 21-06-2022

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal 700016, India

Latitude
22.65658736°

Longitude
88.36084812°

Local 12:04:12 PM
GMT 06:34:12 AM

Altitude -30.02 meters
Tuesday, 21-06-2022

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal 700016, India

Latitude
22.65658732°

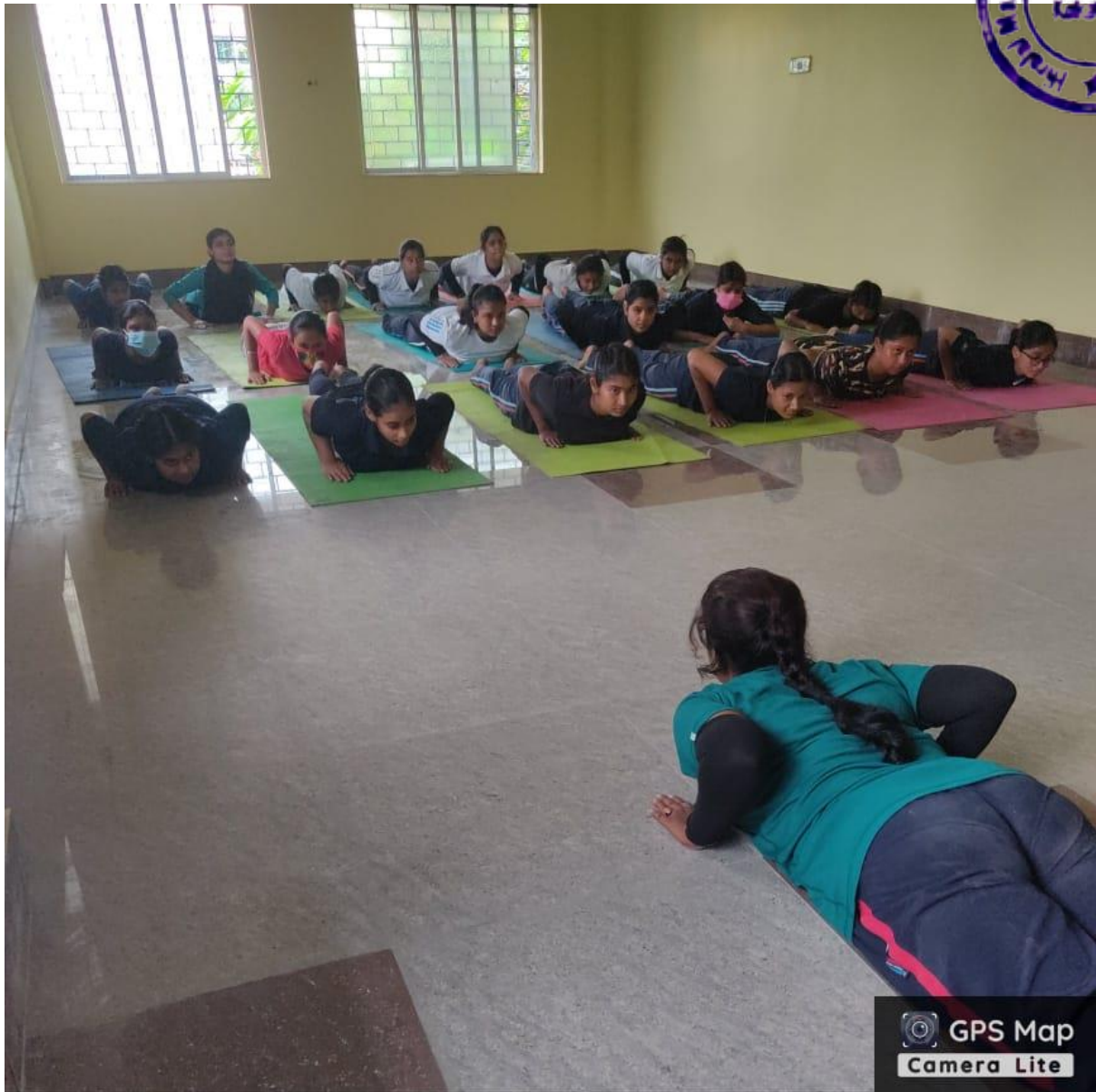
Longitude
88.36084808°

Local 12:04:10 PM
GMT 06:34:10 AM

Altitude -30.02 meters
Tuesday, 21-06-2022

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal 700016, India

Latitude
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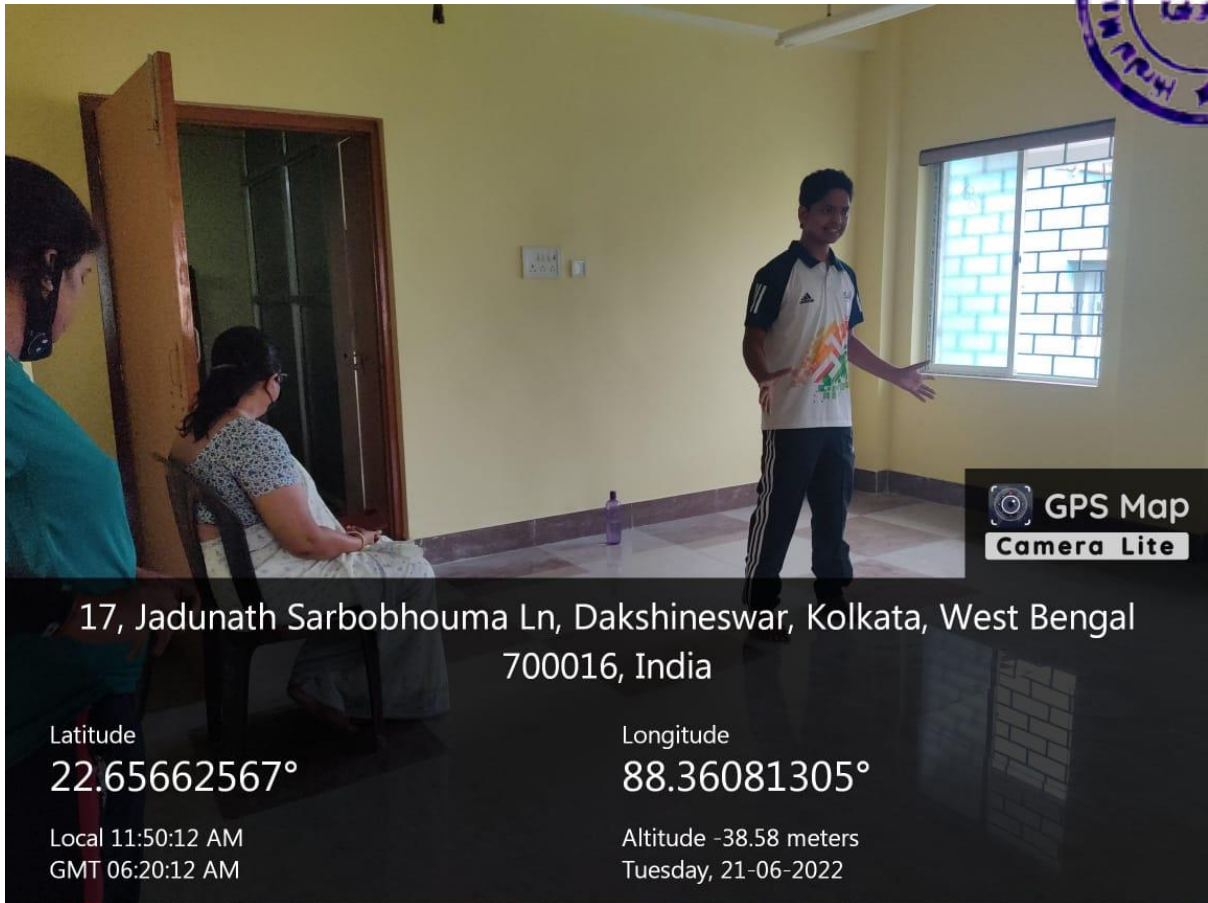
Longitude
88.36085306°

Local 12:08:47 PM
GMT 06:38:47 AM

Altitude -38.68 meters
Tuesday, 21-06-2022

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal
700016, India

Latitude
22.65662567°

Longitude
88.36081305°

Local 11:50:12 AM
GMT 06:20:12 AM

Altitude -38.58 meters
Tuesday, 21-06-2022

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal 700016, India

Latitude
22.65659024°

Longitude
88.36083555°

Local 11:59:59 AM
GMT 06:29:59 AM

Altitude -31.67 meters
Tuesday, 21-06-2022

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



GPS Map
Camera Lite

17, Jadunath Sarbobhouma Ln, Dakshineswar, Kolkata, West Bengal 700016, India

Latitude
22.65651433°

Longitude
88.36087963°

Local 12:13:13 PM
GMT 06:43:13 AM

Altitude -37.79 meters
Tuesday, 21-06-2022

ATTESTED

Principal & Secretary
Hiral Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 005



SELF-DEFENSE COURSE REPORT

REPORT: JANUARY 2017 TO JANUARY 2018

Hiralal Majumdar Memorial College For Women, Dakshineswar organized Self Defense Awareness program for students on 10.02.2017 on College grounds. Approximately 50 above participated in the real-life basis program. The programme began with her visionary speech by the Principal, Dr Soma Ghosh. Also, a wonderful speech gave by Dr. Pradipta Mukherjee, Sports In-charge of H.M.M.C.W. and Dr. Prodip Das, Sports In-charge of H.M.M.C.W. managed the programme very well.

Topic covered

- 1) General Awareness
- 2) Mental & Physical Fitness
- 3) Practical Session
- 4) Motivational Speech

Following students participated in Self Defence class:

SL.NO	STUDENTS NAME	Registration no.
1.	SURABHI PATRA	'1201721400007
2.	JUI GHOSH	'1201721400009
3.	SUPARNA MANNA	'1201721400002
4.	ANANNYA CHATTOPADHYAY	'1201721400006
5.	SHARMISTHA GHOSH	'1201721400010
6.	DEYASHA DUTTA	'1201721400016
7.	SUVOSREE SENGUPTA	'1201721400008
8.	SRIJITA ROY	'1201721400017
9.	ANKANA CHAKRABORTY	'1201721400042
10.	RUPA DAS	'1201721400034
11.	RITASHREE PAL	'1201721400036
12.	MOUMITA MONDAL	'1201721400037

ATTESTED

Amrita Das
Principal & Secretary
Hiralal Majumdar Memorial College
For Women
Dakshineswar, Kolkata-700 805



13.	SAHELI BHATTACHARJEE	'1201721400038
14.	SRIMATI ROYCHOWDHURY	'1201721400039
15.	NIVEDITA MURMU	'1201721200041
16.	SRISTI MUKHOPADHYAY	'1201721400045
17.	SNEHA MAHISH	'1201721400050
18.	RUMA DAS	'1201721400052
19.	IPSITA SARKAR	'1201721400056
20.	SAYONI DAS	'1201721400072
21.	RIMPA ROY	'1201721400065
22.	SNIGDHA KUNDU	'1201721400067
23.	PROMITA GHOSH	'1201721400054
24.	SUDESHNA CHOWDHURY	'1201721300073
25.	AYUSHI BANDYOPADHYAY	'1201721400074
26.	MANASHI DAS	'1201721400055
27.	ADITI GUIN	'1201721400076
28.	PALLABI DOLUI	'1201721400078
30.	RESHMI ROY SHARMA	'1201721450048
31.	SAHELI BHOWMICK	'1201721400075
32.	ARPITA ROY	'1201721400077
33.	SWEETY NASKAR	'1201721100084
34.	FARHA KHATUN	'1201722400080
35.	PORTIA BHAUMI	'1201721400295
36.	SABINA KHATUN	'1201722400316
37.	SAMPA SARDAR	'1201721100299
37.	PRIYA BARDHAN	'1201721400301
38.	BAISHAKHI GHOSH	'1201721400313
39.	PUJA BOSE	'1201721400296
40.	SEEMA KHATOON	'1201722400321
41.	ARPITA DEY	'1201721400304
42.	SOMA MONDAL	'1201721400319
43.	SNIGDHA MUNSHI	'1201721400328
44.	TWINKLE SHAW	'1201721400297

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 885



45.	SONALI DAS	'1201721400337
46.	SONIYA DAS	'1201721400340
47.	SAMRAGGI MUKHERJEE	'1201721400329
48.	SOUNISHA DAS	'1201721400348
49.	RIYA BHOWMICK	'1201721400349
50.	RAZIA ASLAM	'1201722400332

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshineswar, Kolkata-700 035



REPORT : 2018 TO 2019

During this period topic covered

- 1) General Awareness
- 2) Mental & Physical Fitness
- 3) Practical Session
- 4) Motivational Speech

Also started follow the basic syllabus for examination as per “JAPAN KARATE ASSOCIATION”. The said syllabus also followed by many universities of JAPAN, Like Asia University, Takushoku University etc. Not only in asia also followed in so many university of globe.

Reference Website :


JAPAN KARATE ASSOCIATION : <https://www.jka.or.jp/en/>

Asia University : <https://www.asia-u.ac.jp/english/about/>

Takushoku University : <https://www.takushoku-u.ac.jp/>

Following students participated in self defence class:

1. sL. no	NAME	REGISTRATION NUMBER
2.	SUPRITI GUHA	'1201821400121
3.	TRISHITA SANYAL	'1201821400123
4.	MADHURIMA DAS	'1201821400126
5.	SUSMITA CHAKRABORTY	'1201821400130
6.	PAYEL DEY	'1201821400132
7.	RITU SINGH	'1201821400128
8.	PIYALI GHOSH	'1201821400133
9.	SARNALI MULLICK	'1201821400005
10.	AYANTIKA GHOSH	'1201821300006
11.	MONISHA KARMAKAR	'1201821300013
12.	PRITY ROY	'1201821400028
13.	ANANYA CHOWDHURY	'1201821400029
14.	NAFISA ALI	'1201822400024
15.	MAHJABEEN NAZ	'1201822400023
16.	ANANYA GOSWAMI	'1201821400040
17.	ARITRI CHAKRABORTY	'1201821400048

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshinapara, Kolkata-700 805



18.	ARPITA PATRA	'1201821400060
19.	SHALINI PAUL	'1201821400042
20.	PAYEL DAS	'1201821400045
21.	DEBJANI BANDYOPADHYAY	'1201821400051
22.	RUBINA KHATOON	'1201822400019
23.	SUBHASHMITA BARIK	'1201821400068
24.	SAYANTI DAS	'1201821400041
25.	SUCHARITA KARMAKAR	'1201821400069
26.	RUKHSAR PARVEEN	'1201822400020
27.	SUPARNA DAS	'1201821400075
28.	PRIYANKA DAS	'1201821400125
29.	SANGEETA NATH	'1201821400080
30.	SRIJITA DAS	'1201821400096
31.	SUDITI MANNA	'1201821400098
32.	MAHUYA MAITY	'1201821400076
33.	SUTRISHNA KHAN	'1201821400079
34.	RIMA GUHA	'1201821400129
35.	MADHURIMA DAS	'1201821400126
36.	RUPA BARUI DEBNATH	'1201821400077
37.	ANKITA HAZRA	'1201821400097
38.	TRISHA RAKSHIT	'1201821300100
39.	JYOTI PANDEY	'1201821400078
40.	BHAGYASHREE DUTTA	'1201821400104
41.	SOUMI SINGH	'1201821100118
42.	PRIYANKA DAS	'1201821400125
43.	TRISHITA SANYAL	'1201821400123
44.	SUMANA KHATUN	'1201822400099
45.	RITU SINGH	'1201821400128

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dabhoi, Dist. Daheshwar, Kothari-35



REPORT : 2019 TO 2020

This year students demonstrated their skills and development within college premises.

We realised that the course is how much important for all, not only for self-defence purposes also for healthy living.

Following students participated in self-defence class:

1.	PRIMA MANNA	'1201921400325
2.	NIBEDITA GHOSH	'1201921400309
3.	SUJATA SEPAI	'1201921100544
4.	SAYANI CHATTERJEE	'1201921400328
5.	RIMI SARKAR	'1201921400327
6.	SUMANA DUTTA	'1201921400326
7.	ISHITA SOME	'1201921400333
8.	DEVJANI GHOSH	'1201921400207
9.	AFRINA MULLICK	'1201922400321
10.	KOYEL KANSABANIK	'1201921400079
11.	KABITA SAMANTA	'1201921400073
12.	HARIPRIYA DUTTA	'1201921400163
13.	SUTAMA SANTRA	'1201921400164
14.	MODHUMITA MADRAJI	'1201921100329
15.	DRISHTI BASU	'1201921400080
16.	AAFRIN PARVEEN	'1201922400202
17.	SONALI CHOWDHURY	'1201921400072
18.	SUMITA PAUL	'1201921400117
19.	ISHA BERA	'1201921400070
20.	SWARNILA DEBNATH	'1201921400094
21.	PATOTRI ROYCHOWDHURY	'1201921400109
22.	JAYITA DHAR	'1201921400081
23.	PATOTRI ROYCHOWDHURY	'1201921400109
24.	HRIWIKI BANERJEE	'1201921400103
25.	PRIYA PANDEY	'1201921400086
26.	ANAMIKA PAUL	'1201921400067
27.	DEVJANI GHOSH	'1201921400207
28.	RANI MAJHI	'1201921400066
29.	BHASWATI BISWAS	'1201921400096
30.	SUTAMA SANTRA	1201921400164
31.	SONALI KAR	'1201921600315
32.	SUPRITI DAS	'1201921100077
33.	NEHA PATRA	'1201921400071
34.	SUTAPA PAL	'1201921400069
35.	SARASWATI PAL	'1201921400068
36.	PARNA KARMAKAR	'120192140011
37.	SUMITA PAUL	'1201921400117
38.	PAYEL PANDA	'1201921400097

ATTESTED

Amu A. Das
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshinapara, Kolkata-700 805

39.	TAGARI MONDAL	'1201921400104
40.	PRAMITA BAIDYA	'1201921100115
41.	AAFRIN PARVEEN	'1201922400202
42.	MOUMITA PATI	'1201921400098




ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dabra, Dist. Sagar, Madhya Pradesh - 465 005



REPORT : 2020 TO 2021



**One Day Webinar On
“SAFE AND HEALTHY LIVING”
& To Host A Discussion On
NCC And Self Defence.**
Organized by
NCC group (HMM College For
Women) in collaboration with
IQAC

**SPEAKER-
ARINDAM SIKDAR
TECHNICAL COMMITTEE MEMBER
JKAWF INDIA ,KOLKATA**

**TIMING- 5:00 PM
DATE- 10/12/2020
PLATFORM- ZOOM**

Organizing Committee

PRINCIPAL:

DR.SOMA GHOSH

IQAC CO-ORDINATOR:

DR.RUPA SEN

WEBINAR SUB-COMMITTEE CONVENOR:

SHRI. PRADIPTA MUKHERJEE

CO-ORDINATOR:

SHRI. PRADIPTA MUKHERJEE

ASSISTANT PROFESSOR

DEPARTMENT OF POLITICAL SCIENCE

SMT.SANDHYA SAREN

ASSISTANT PROFESSOR

IN CHARGE (NCC GROUP)

CONSULTANT:

SMT.MUNMUN KUNDU

SACT,DEPARTMENT OF BOTANY

10/12/2020 : Conducted one day Webinar on “Safe and Healthy Living”.

22/12/2020 : After Lockdown and during some restrictions We have started online classes on self defence 3days in a week.

During the classes we have covered to motivate them with physical fitness activities and basic self defence movement based on JKA Karate.

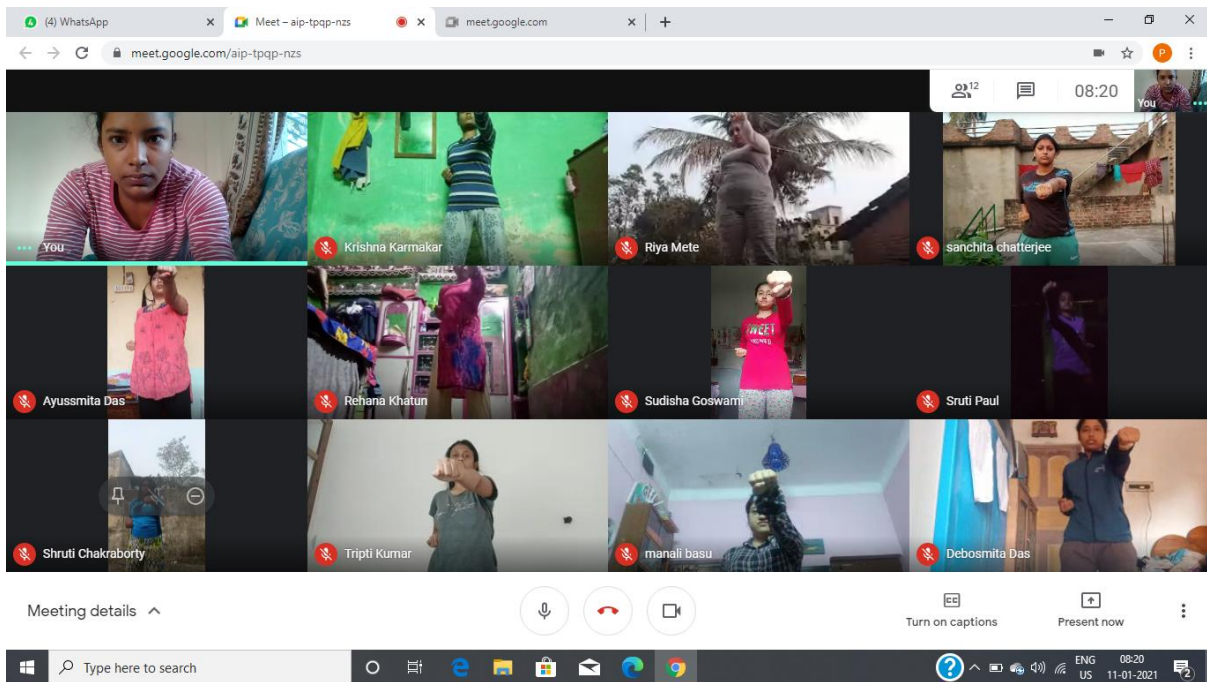
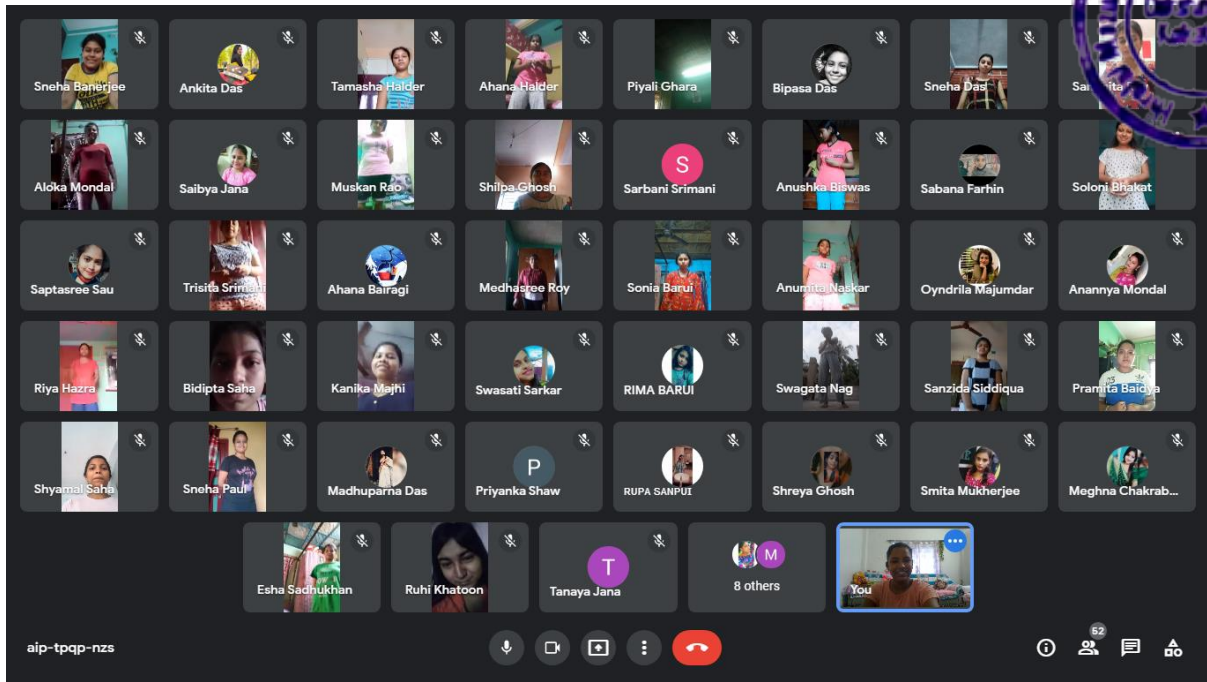
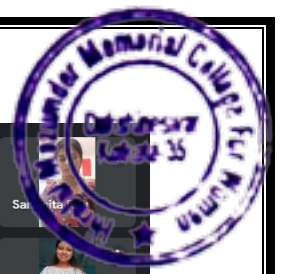
26/07/2021 : That day we conducted Theoretical Examination on Self Defence.

27/07/2021 : Practical Examination held on the day with presence of external examiner like Smt. Chandrani and Sree Arindam Sikdar.

All are well performed on the day and pass successfully

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshinapara, Kolkata-700 885



Following students participated in self defence class:

1.	ANSUNI PRIYA SHARMA	12018211400241
2.	FLABBIYA MAITY	1202021400381
3.	SANCHITA CHATTERJEE	1202021400016
4.	RIYA MONDAL	1202021100082
5.	TRIYASHA CHAKRABORTY	1201921400125
6.	TINAMONI KARMAKAR	1201921400138
7.	ALOKA MONDAL	1201921400444
8.	SUSMITA SHARMA	1202021400210
9.	PIU ROY	1202021400210

ATTESTED
[Signature]
 Principal & Secretary
 Hiralal Mazumdar Memorial College
 For Women
 Dakshinapara, Kolkata-700 835



10.	PRITHIKA DATTA	1201921400060
11.	NIVEDITA CHOWDHURY	1201921400195
12.	SUDISHA GOSWAMI	1202021400259

ATTESTED

Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dabra, Dist. Jhansi, U.P. - 201 005



REPORT : 2021 TO 2022

During this year class was conducted in both Online and Offline Mode.

During this period covered Basic and advance movement , block, punch, kick along with combination of self defence and practical fighting skill with situation handelling.

15/06/2022 : Counselling and motivational class was taken by Sri Arindam Sikdar

13/09/2022 : Theoretical Examination was conducted

14/09/2022 : Practical Examination was conducted in presence of External Examiner Sri Arindam Sikdar (Technical Committee Member, JKAWF INDIA).



ATTESTED

Arindam Sikdar
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dabhoi, Dist. Jalgaon, Gujarat - 389 805



Practical examination



Self defence class

ATTESTED
[Signature]
Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dabhoi-35, Dist. Amreli, Gujarat-760 885



Following students participated in self defence class:

1.	KAIFIA SALIM	1202122400129
2.	FLABBIYA MAITY	1202021400381
3.	FARAH NAZZ	1202022400340
4.	TITLI NATH	1202121400402
5.	MEDHASREE ROY	1202121400070
6.	KRISHNA KARMAKAR	1202021600070
7.	DEBOLINA BHATTACHARJEE	1202121400216
8.	SHREYA GHOSH	1202121400400
9.	PRIYANKA DAS	1201821400137
10.	REHANA KHATUN	1202022400031
11.	RAKHI SHARMA	1202121200106

ATTESTED


Principal & Secretary
Hiralal Mazumdar Memorial College
For Women
Dakshinapara, Kolkata-700 805