

EVENT ALBUM

SESSION: 2018-2019

DEPARTMENT: Psychology

EVENT NAME	DATE	DURATION	NO. OF PARTICIPANTS	DESCRIPTION	OUTCOME
Psychology CBCS Syllabus Preparation Workshop	13/07/18	12 noon-4pm	13	All the faculties of Psychology in UG colleges under WBSU participated in the workshop	Reframing and preparation of the syllabus for semesters under CBCS system.
Mental Health Literacy Intervention Program	13/09/18	12 noon-2pm	75	Department of Psychology, West Bengal State University organized a promotion of mental health literacy program in our college campus titled "Exploration of Mental Health Literacy among college and University students of North 24 Parganas" under a project funded by ICSSR.	Awareness generation regarding mental health issues like symptom manifestation, treatment and intervention techniques for different mental disorders.

CORRESPONDING PHOTOS WITH EVENT NAME:



Mental Health Literacy Programme on 13/09/18



Mental Health Literacy Programme



Mental Health Literacy Programme



Programme

Mental Health Literacy



Mental Health Literacy Programme



workshop on 13/07/18

Psychology CBCS syllabus preparation



workshop

Psychology CBCS syllabus preparation



Psychology CBCS syllabus preparation

workshop



Psychology CBCS syllabus preparation

workshop

EVENT ALBUM

SESSION: 2019-2020

DEPARTMENT: Psychology

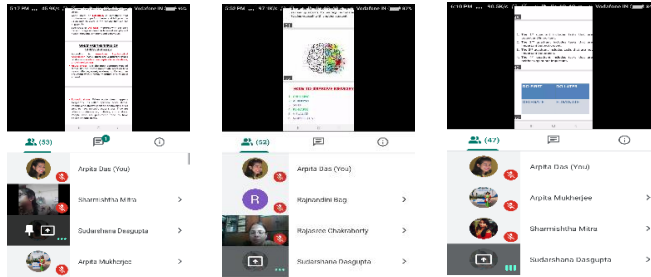
EVENT NAME	DATE	NO. OF PARTICIPANTS	DESCRIPTION	OUTCOME
“Crime Against Women: Legal and Psychological Redressal”	14/03/2020	40	The workshop was organized jointly by the Department of Psychology and Department of Women Studies.	This workshop generated awareness regarding different forms of violence against women along with their analysis from psychological and legal perspectives. Students also participated actively by sharing their life experiences.
“Dealing with stress among students during COVID-19 pandemic”	27/5/2020	45	The webinar was organized by the Department of Psychology.	This webinar addressed the issues like academic stress, career-related stress and other mental health related issues which the students were experiencing during the hard times.
“Parenting/ Caregiving in a Pandemic”	10/06/2020	75	Department of Sociology and Psychology jointly organized the State-Level webinar in collaboration with Bandhu Foundation.	This webinar helped parents, teachers, educators and other stakeholders who were facing challenges to handle their children and students in difficult time throughout the pandemic.

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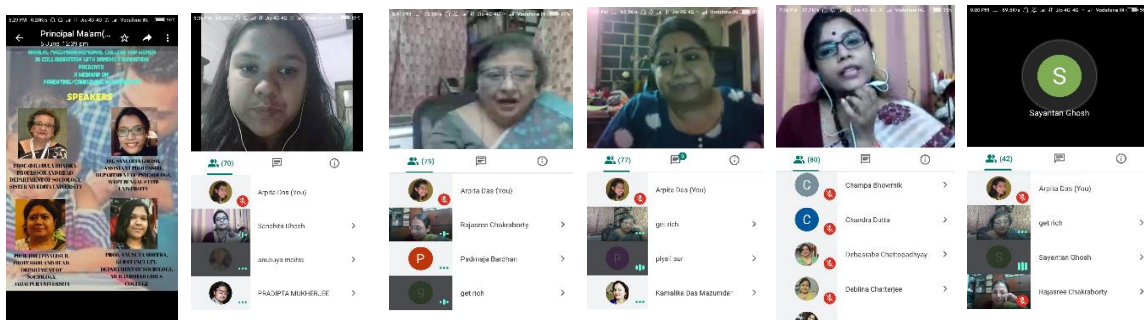
Event on 14/03/2020: “Crime Against Women: Legal and Psychological Redressal”



Event on 27/5/2020: “Dealing with stress among students during COVID-19 pandemic”



Event on 10/06/2020: “Parenting/ Caregiving in a Pandemic”



EVENT ALBUM

SESSION: 2021-2022

DEPARTMENT: Psychology

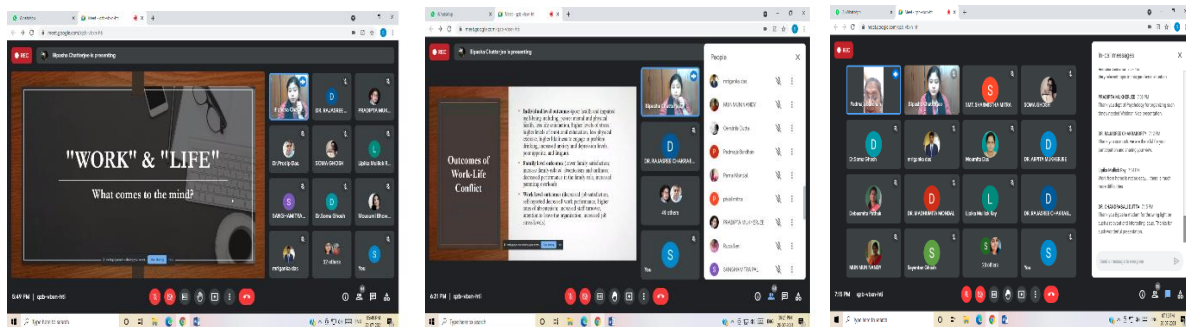
EVENT NAME	DATE	DURATION	NO. OF PARTICIPANTS	DESCRIPTION	OUTCOME
Webinar on “Balancing Between Work From Home & Work For Home”	20/07/21	5:30pm-7pm.	53	Department of Psychology, H.M.M. College For Women organized a webinar on “Balancing Between Work From Home & Work For Home” in which teachers of different departments and the non-teaching staffs of the college participated actively.	This programme generated awareness regarding identification signs of work-related stress, techniques and strategies for stress management to integrate work and personal life in a realistic manner.
Interactive web-session on “Tech Addiction Amid Pandemic: A Guide to Digital Detox”	07/09/21	4 pm- 6 pm	55	Department of Psychology, H.M.M. College For Women organized an interactive web-session on “Tech Addiction Amid Pandemic: A Guide to Digital Detox” in which students and teachers of different departments of the college participated actively.	This programme generated awareness regarding stage-wise development of technological addiction due to excessive use of electronic gadgets, its identification signs along with the detoxification process.

Students Participated in a Webinar on 'Tele-Mental Health Care' organized by NIEPID, Kolkata	05/10/21	4 pm-5:30 pm.	05	Students Participated in an Online Discourse on "Innovative Practices on Promoting Healthy Mind" (Theme: 'Tele-Mental Health Care')	Students got exposure to the different types of mental health related problems faced by the people in the society during the pandemic, their handling through tele-counselling and the ethical principles to follow during tele-counselling sessions.
Students' Seminar on "The Case Studies on Schizophrenia"	22/04/2022	11a.m.-5p.m.	35	The students of Sem-VI, Psychology Hons of H.M.M. College For Women presented different cases of Schizophrenia.	This programme generated awareness about Schizophrenia among the participants.
Workshop on "Gender & Sexuality Pedagogy & Syllabus Modification"	14/05/2022	11a.m.-4.30p.m.	25	Dr. Asha Achutan – Advanced Centre for Women's Studies and Chairperson, Women and Gender, TISS Dr. Ranjita Biswas Psychiatrist, Life Fellow, Indian Psychiatric Society Dr. Sreemoyee Tarafder Assistant Professor, WBSU Dr. Amitava Sengupta Guest Lecture Department of Psychology WBSU were the facilitators of the	This workshop clarified the confusion regarding Gender & Sexuality Pedagogy and will be further helpful in the modification of UG syllabus for upcoming session.

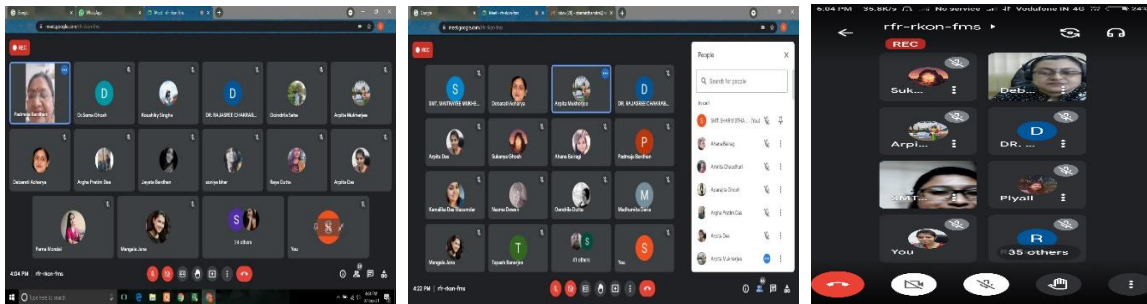
				workshop. All the faculties of Psychology in UG colleges under WBSU participated in the workshop.	
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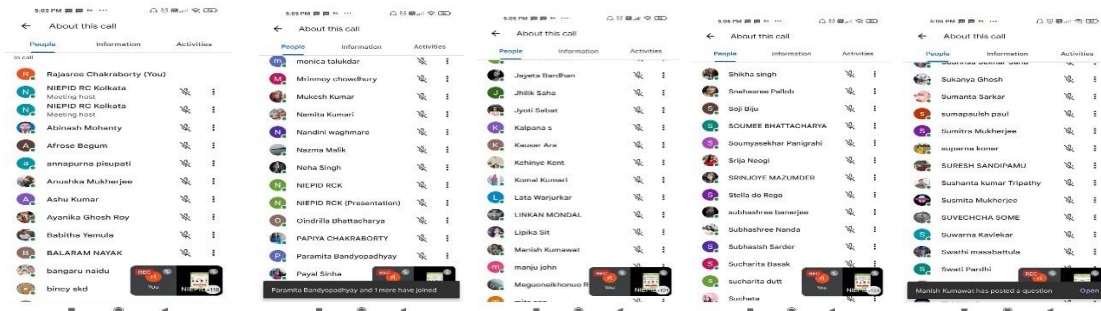
Webinar on “Balancing Between Work From Home & Work For Home”



Interactive web-session on “Tech Addiction Amid Pandemic: A Guide to Digital Detox”



Students Participated in a Webinar on 'Tele-Mental Health Care' organized by NIEPID, Kolkata



Students' Seminar on "The Case Studies on Schizophrenia"



Workshop on "Gender & Sexuality Pedagogy & Syllabus Modification"

