HIRALAL MAZUMDAR MEMORIAL COLLEGE FOR WOMEN, DAKSHINESWAR

EVENT ALBUM

FROM 2016 TO PRESENT

DEPARTMENT OF FOOD AND NUTRITION

SESSION: NOVEMBAR 2016-JUNE 2017

DEPARTMENT:FOOD AND NUTRITION

EVENT NAME	DATE	NO. OF PARTICIPANTS	DESCRIPTION
Extension lecture by prof Piyanka Sengupta	03.02.2017	Approx 30	AnextensionlecturebyRESOURCEPERSONPIYANKASENGUPTAASSISTANTPROFESSORSISTERNIVEDITAGENERERALDEGREEGIRLS' COLLEGE

CORRESPONDING PHOTOS WITH EVENT NAME:

Extension lecture by prof Piyanka Sengupta



SESSION: JULY 2017 – JUNE 2018

DEPARTMENT: FOOD AND NEUTRITION

EVENT NAME	DATE	NO. OF PARTICIPANTS	DESCRIPTION
NATIONAL NUTRITION WEEK CELEBRATION	4.9.2017	Approx 100	THEME was 'Optimal Infant & Young Child Feeding Practices: Better Child Health'., FOOD STALL, EXHIBITIONS, PRIZE DISTRIBUTION
CHILDRENS' DAY CELEBRATION AT NIVEDITA COLONY	14.11.2017	Approx 100	SMALLREFRESHMENTSWEREGIVENTOTHECHILDRENFOROURADOPTEDSLUMNIVEDITA COLONY.
EXTENSION LECTURES	26.02.2018	30	RESOURCE PERSON- DR ALOKE GHOSH CHAUDHURY, ASSOCIATE PROFESSOR HOD Department of physiology VIDYASAGAR DAY COLLEGE TOPIC – TRANSMEMBRANE POTENTIALS ACROSS NERVE AND MUSCLE CELL SURFACE

CORRESPONDING PHOTOS WITH EVENT NAME:

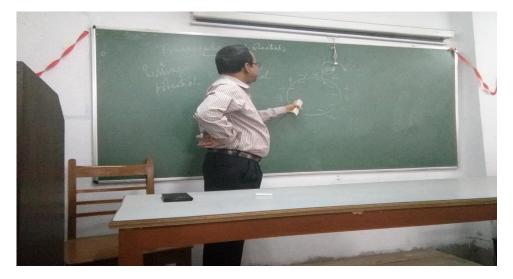
NATIONAL NUTRITION WEEK CELEBRATION



CHILDRENS' DAY CELEBRATION AT NIVEDITA COLONY



EXTENSION LECTURES BY DR ALOKE GHOSH CHAUDHURY





SESSION:JULY 2018-JUNE 2019

DEPARTMENT:FOOD AND NEUTRITION

EVENT NAME	DATE	NO.OF PARTICIPANTS	DESCRIPTION
NATIONAL NUTRITION WEEK CELEBRATION	04.09.2018	Approx 100	The theme for National Nutrition Week 2018 is 'Go Further with Food', FOOD STALL WAS GIVEN BY STUDENTS OF THE DEPARTMENT.
SCIENCE DAY CELEBRATION	28.02.2019	Approx 50	The theme for the National Science Day was "People for Science and Science for People",Participants presented posters, recipes and also joined in group discussion on different topics of nutrition. RESPOURCE PERSON SMT MITALI PALODHI

CORRESPONDING PHOTOS WITH EVENT NAME:







SCIENCE DAY CELEBRATION



SESSION: JULY 2019-JUNE 2020

DEPARTMENT: FOOD AND NUTRITION

EVENT NAME	DATE	NO.OF PARTICIP ANTS	DESCRIPTION
NATIONAL NUTRITION MONTH CELEBRATI ON	11.09. 2019	Approx. 100	A one-day National nutrition month was celebrated by department of food and nutrition on august 2019. The THEME was "POSHAN MAAH". A POSTER COMPITITION and nutritious food stalls were made by students
WORLD DIABETES DAY	14.11. 2019	500	PARTICIPANTS 500, RALLY AND PHAMPLETS DISTRIBUTION WITHIN DAKHSHINESWAR AREA
INAUGRATI ON OF FREE DIET CENTRE	04.12. 19	130	FREE DIET COUNSELLING FOR ALL TEACHING AND NON-TEACHING STAFF AND STUDENTS.
EXTENSION LECTURE BY PROF PIYANKA SENGUPTA	02.03. 2020	19	EXTENSION LECTURE BY PROF PIYANKA SENGUPTA TOPIC – GOUT AND ITS MANAGEMENT FOR 5 TH SEMESTER HONOURS
NUTRITION AWARENES S PROGRAM ME by DEPARTME NT OF FOOD & NUTRITION AND PHYSIOLO GY IN COLLABOR ATION WITH IQAC	06.03. 2020	Approx. 50	NUTRITION AWARENESS PROGRAMME by DEPARTMENT OF FOOD & NUTRITION AND PHYSIOLOGY IN COLLABORATION WITH IQAC RESOURCE PERSON: SMT MITALI PALODHI, VICE PPRECIDENT IDA KOLKATA CHAPTER, LIVE COOKING DEMONTRATION, AND RECIPE PRESENTATION WAS DONE BY STUDENTS, MODELS RELATED TO NUTRITION EDUCATION WAS PREPARED BY THEM.
TwoDaysWebinarSessionsOn	28.06. 2020 &	Approx. 100	Two days webinar was organized By IQAC In Collaboration With Department Of Food And Nutrition And Department Of Physiology "Covid 19

"Covid 19 - A	29.06.	- A New Challenge, Fall Outs, Experiences, Lessons,
New	2020	And Future Actions".
Challenge,		RESOURCE PERSON SMT MITALI
Fall Outs,		PALODHI, DR ALOK GHOSH
Experiences,		CHAUDHURI, SMT NIDHI PRAKASH
Lessons, And		 https://drive.google.com/file/d/1BjoIgi4a1oF
Future		
Actions"		<u>YjHZh3fjbOh7tvt85VD-F/view?usp=sharing</u>

CORRESPONDING PHOTOS WITH EVENT NAME:

PHOTO GALLERY

SEPTEMBER

National Nutrition Month Celebration





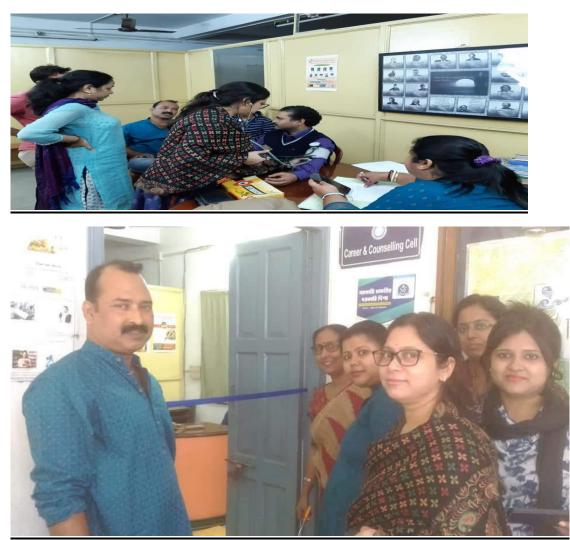
NOVEMBER

WORLD DIABETES DAY



DECEMBER

INAUGRATION OF FREE DIET CENTRE



MARCH

EXTENSION LECTURE BY PROF PIYANKA SENGUPTA



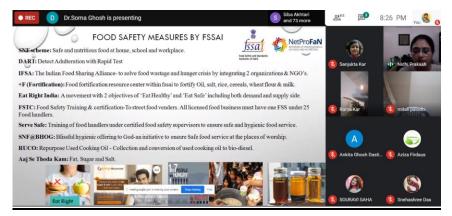
NUTRITION AWARENESS PROGRAMME by DEPARTMENT OF FOOD & NUTRITION AND PHYSIOLOGY IN COLLABORATION WITH IQAC





<u>June</u>

Two Days Webinar Sessions



SESSION: JULY 2020 – JUNE 2021

DEPARTMENT: FOOD ND NUTRITION

EVENT NAME	DATE	NO. OF PARTICIPAN	DESCRIPTION
	DAIL	TS	DESCRIPTION
1. National Webinar On Breast Feeding Week 2020 In Collaboration With IQAC On 1.8.2020	01.08.202 0	150	 A one Days National Webinar was Organised By Iqac In Collaboration With Department Of Food And Nutrition On 1st AUGUST 2020. The Theme Of This Webinar Was "SUPPORT BREASTFEEDING FOR A HEALTHIER PLANNET" From 5Pm Onwards On Google Meet. Speakers For This Event Were our alumni students (Smtsarmistha duttaroy,SMT PURBASHA PAUL, SMT DEBANJALI JAIRAM) who are well known Dietitians at their field , former faculties of HMM college food and nutrition Department . There Were Interactive session. Overall It Was An Enriched Programme. https://youtu.be/FdC4hqsiNks
2. Cancer Awareness Progamme With Sanjeevani-Life Beyond Cancer	05.09.202 0	300	• A one Days Webinar was Organised By IQAC In Collaboration With Health unit of Department Of Food And Nutrition a d SANJEEVANI - LIFE BEYOND CANCER NGO On 5 TH September 2020. The Theme Of This Webinar Was "ERADICATE CANCER:

On 5th September 2020			 AWARENESS THROUGH HEALTHY LIFESTYLE "From 6Pm Onwards On ZOOM. Speakers For This Event Was MRS Jasmeen khatun ,senior counsellor of Sanjeevani ,who gave PowerPoint presentation on cancer awareness. There Were Interactive session in which smt Ruby Aluwalia , founder of sanjeevani answered the participant's quaries about cancer. Overall It Was An Enriched Programme. Facebook Link: https://www.facebook.com/Can Chetna/
3. One Day State Level Webinar On ''The Pandemic And BeyondLearnin g To Live With The New Normal''Jointly Organised By Iqac, Department Of Food And Nutrition Hmm College , Savitri Girls. College , West Bengal State University	15.09.202 0	150	 A One Day State Level Webinar Was Organised By Iqac In Collaboration With Department Of Food And Nutrition , Department Of Human Development Savitri Girls' College , Department Of Food And Nutrition West Bengal State University On 15 Th September, 2020. The Title Of This Webinar Was "The Pandaemic And Beyond Learing To Live With The New Normal" From 5pm Onwards On Google Meet. Speakers For This Event Were Prof Basab Chawdhuri ,Vc West Bengal State University, Dr. Sankarashish Mukherjee, Co Ordinator Department Of

On 15th September 2020			 Food And Nutrition , West Bengal State University, Smt. Mitali Palodhi Eminent Nutritionist, Sri Mukul Das Yoga Trainer. All The Speakers Told About Physical , Mental, Nutritional Wellness In New Normal Phase Or Post Pandemic Phase. There Was Live Yoga Demonstration To Reduce Depression And Stress Due To This Condition. Sri Prasanta Das From Our Adopted Slum Nivedita Colony Has Joined. So It's A Community Awareness Creating Programmed. There Were Interactive Session. Overall, It Was An Enriched Programme.
4. National Nutrition Month 2020 Celebration On 28.9.2020	28.09.202 0	130	 On The Occasion Of National Nutrition Month 2020 (Rastriya Poshan Maah) Department Of Food And Nutrition Presents A Bunch Of Events Throughout September 2020 And A Webinar On Celebration Of Rastriya Poshan Maah 2020 And Published An E-Magazine 'NUTRIDYNAMICS' A bunch of events for students on the occasion of National Nutrition Month 2020 E Nutri Quiz (for UG students) on 7th September 2020 1 pm-2 pm, Online recipe contest(FOR UG&PG STUDENTS), Theme :

			 homemade supplementary food for 6 months to 2 year child oral presentation (UG & PG students) Theme : "PoshanKeLiyePaudhay" - plants for nutrition Date: 28.9.2020 (Monday) Time : 4pm-6pm Platform: Google meet https://youtu.be/euqnej0zEzw
5. One Day Webinar On "Menstrual HealtH & Hygiene" Organized Jointly By Department Of Food And Nutrition &IQAC in Collaboration With Unicharm India & Global Hunt Foundation	24.12.202	50	 A one Days Webinar was Organised By IQAC In Collaboration With Department Of Food And Nutrition , UNICHARM INDIA, GLOBAL HEALTH FOUNDATION On 24th December 2020. The Theme Of This " MENSTRUAL HEALTH AND HYGIENE " From 4Pm Onwards On Google Meet. Speakers For This Event Was Ms Roshni Bhowmick CSR EXECUTIVE, UNICHARM KOLKATA There Were interactive sessions with the students. Overall, It Was an Enriched Programme. Date-24.12.2020 Time -4pm Platform -google meet https://youtu.be/Dmktgf_zLPE

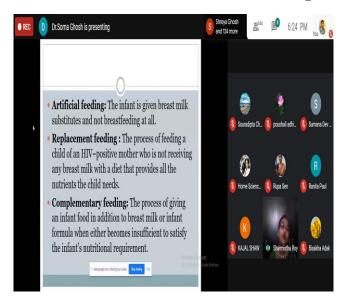
6. A One Day National Webinar Session On "Combating Covid: Maintaining Mental Health And Wellness In The Era Of Pendemic"	12.06.202	80	 A One Day National Webinar Session Was Organised By Department Of Food And Nutrition In Collaboration With Iqac And Health Unit Of Hmmcw On 11th June 2020. The Theme Of This Webinar Was "Combating Covid: Maintaining Mental Health And Wellness In The Era Of Pandemic" From 4pm Onwards On Google Meet. Speakers For This Event Were Smt Subhra Banerjee Pal , Clinical Psychologist And Art Therapy Practitioner, Dr Anindita Ray Chakraborty Assistant Professor And Hod Of Department Of Food And Nutrition , Maharani Kasiswari College , University Of Calcutta, Smt Payel Chatterjee, Yoga Therapist. There Was Interactive Session. Overall It Was An Enriched Programme. https://youtu.be/XeCcHW3k1Q §

CORRESPONDING PHOTOS WITH EVENT NAME:

PHOTO GALLERY

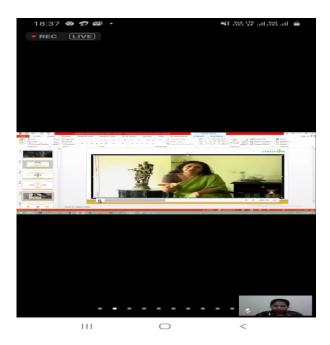
AUGUST

• National Webinar on Breast Feeding Week 2020

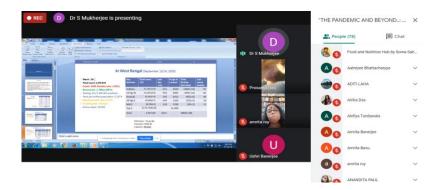


SEPTEMBER

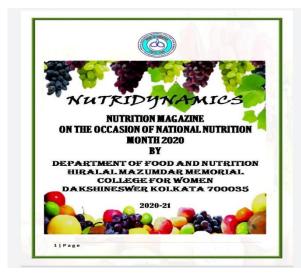
• Cancer Awareness Progamme with Sanjeevani-Life Beyond Cancer On 5th September 2020



• One Day State Level Webinar On "The Pandemic And Beyond Learning To Live With The New Normal "Jointly Organized By IQAC, Department Of Food And Nutrition Hmm College, Savitri Girls. College, West Bengal State University



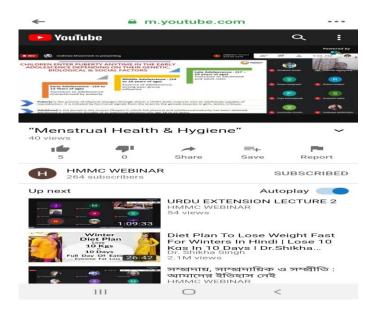
National Nutrition Month 2020 Celebration On 28.9.2020





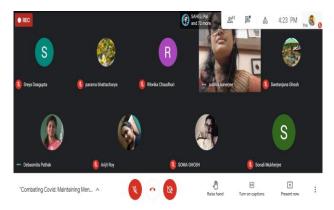
DECEMBER

1. One Day Webinar On "Menstrual HealtH & Hygiene" Organized Jointly By Department Of Food And Nutrition &IQAC in Collaboration With Unicharm India & Global Hunt Foundation



JUNE

A One Day National Webinar Session On "Combating Covid: Maintaining Mental Health And Wellness In The Era Of Pendemic"



SESSION: JULY 2021 TO PRESENT

DEPARTMENT: FOOD AND NUTRITION

EVENT NAME	DAT E	NO. OF PARTICI PANTS	DESCRIPTION
ONE DAY DEPART MENTAL STUDENT S' WEBINAR ON "CREATIN G HEALTHIE R LIVES THROUG H NUTRITIO N " ON 14TH JULY	14.7.2 021	50	10 STUDENTS OF 4 TH SEMESTER FOOD AND NUTRITION HONOURS DELIVERD THEIR PRESENTATION ON DIFFERENT TOPICS OF NUTRITION EDUCATION. SMT MITALI PALODHI WAS THE SPECIAL GUEST OF THIS PROGRAMME. PRITY SAHA, 4 TH SEM FNTA STUDENT SECURED 1 ST POSITION. PRITY DAS SECURED 2 ND POSITION, SWAGATA MUKHERJEE AND SNEHASREE DAS SECURED 3 RD POSITION. https://youtu.be/DA5HG6twJbU
COVID 19 MEASURE S FOR CONTROL AND PREPARE DNES	5.8.20 21	80	RESOURCE PERSON DR SINJITA DUTTA, https://youtu.be/yzZgxwmgpWk
1ST SEMSTER INDUCTI ON PROGRA MME 2021	23.10. 21	40	ALUMNI SHARED THEIR VALUABLE WORDS. <u>https://drive.google.com/file/d/1QKgepuXLDO8FiJNzQYc</u> <u>AENQzy4eJIBQ/view?usp=drivesdk</u>
NATIONAL NUTRITIO	22.10. 2021	YOUTUB E	MICROGERDENING BY STUDENTS https://youtu.be/fXudCfvHnFU

N MONTH		VIEWER	
CELEBRATI		S	
ON ON		~	
"Convergi			
ng			
towards a			
healthy			
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through			
life"-			
Rashtriya			
Poshan			
Maah			
2021			
celebratio			
n			
			An one Day international Webinar is Organised By
			-
			Collaboration With Health unit on 16 th January
an one			2022. On "Omicron: the new threat " From IST 6
day			Pm Onwards On Google Meet. Speakers For This
Internatio			Event Was PROF DR ASIM KR DUTTA ROY,
nal		120	
Webinar			Professor faculty of medicine university of Oslo
On "ONNERO			<u>Norway.</u> There Were interactive sessions with the
"OMICRO N" : THE			students. Overall It Was An Enriched Programme.
NEW			
THREAT			Versterke linke ekterer //wenter ke/est of CoM7A
	16.01.		Youtube link : <u>https://youtu.be/ogLxShCgMZA</u>
	2021		
			n one day webinar is organised on TAKING CARE
			OF EAR NOSE AND THROAT jointly organised
Webinar			•••
on			by Department of food and nutrition , Health unit,
"Taking			in collaboration with CAMRI hospital kolkata on
care of		80	12 th February 2022 Saturday at 6.30pm through
Ear,Nose		00	Google meet. Dr NVK Mohan the renowned ENT
&			surgeon is the speaker. Total 80 participants are
∝ Throat"			there It was a wonderful session.
moat			there It was a wonderful session.
	12.02. 2022		https://youtu.be/Jxl_K6ykVgw
National	27.		A departmental science day was observed on 27 th
Science	02.20	80	February 2022 through gmeet. Theme was
day	22		rebraary 2022 unough gineet. Inchie was

AND PR	ION C RIGHT	13.6.20	APP OX 8	Dictitian of by b mar mospital conducted an
	ebrati 2022			'INTEGRATED APPROACH ON SCIECE AND FECHNOLOGY" . 6 TH AND 4 TH sem H students participated and give oral presentation. Among them best 2 were sent for oral presentation competition organized by the college authorities. A small token was given to all the participants. Gmeet link - <u>https://meet.google.com/smu-ksid- gvd</u>

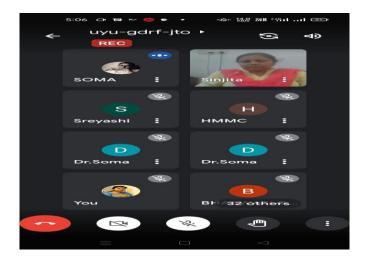
NATIONAL			
NUTRITIONMONTH			
CELEBRATI ON			
1. HEALTHCAMP			
BYALUMNI			National Nutrition Month was celebrated by
OFFNTA DEPARTME			Department of food and nutrition, Health unit,
NT			Diet centre where on Day 1 RALLY AND LOW COST
2. STUDENTS			WEANING FOOD DEMONSTRATION FOR DWELLERS OF
SEMINAR			
3. HEALTHYFOOD			METRO COLONY.
STALL			On day 2 HEALTH CAMP was run BY ALUMNI OF FNTA
4. RALLYAND			DEPARTMENT and students seminar was organized to
LOW COST			educate the common people about different aspects of
WEANING FOOD		APPR	nutrition.
DEMONST RATION		OX 250	
FOR DWELLERS			On day 3 healthy food stalls were given by 6 th sem FNTA
OF METROCOLONY			honbours students on the theme " colours on the plate".
			nonbours students on the theme colours on the plate.
			It was a very much enriched programme.
			it was a very much enriched programme.
	27.9.23		
	27.9.23		
	20.3.23		A dishetes awaraness camp was organized on
Diabetes Day			A diabetes awareness camp was organized on
AwarenessCamp		Annro	WORLD DIABETES DAY by Department of food
Awarenesseamp		Appro x. 80	and nutrition, Health unit, Diet centre, NSS unit,
	14.11.2	A. 00	Department of physiology jointly where
	14.11.2		nutritional assessment were done by the students.
SESSION 2022 24	12.7.2023	39	A 2 Days Student's Seminar Were Organised By The
SESSION 2023-24	12.7.2023	39	•
			Department Of Food And Nutrition . 39 4th Sem Food And Nutrition Honouro Student Present Their Power Point
			Nutrition Honours Student Present Their Power Point
2 DAYS STUDENT			Slides On Different Topic Of Nutrition Education Along
2 DAYS STUDENT SEMINAR			Sides On Different Topic Of Nutrition Education Along With Different Chart/Models/Poster . Its An Inititative To Speard Awareness On Nutrition To The Common People .

CORRESPONDING PHOTOS WITH EVENT NAME:

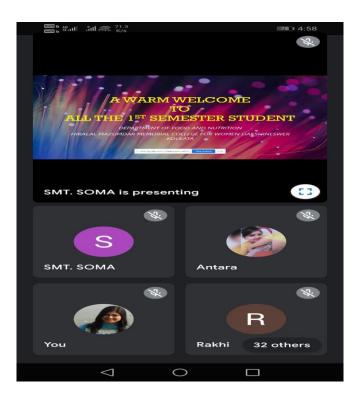
ONE DAY DEPARTMENTAL STUDENTS' WEBINAR ON "CREATING HEALTHIER LIVES THROUGH NUTRITION



COVID 19 MEASURES FOR CONTROL AND PREPAREDNES



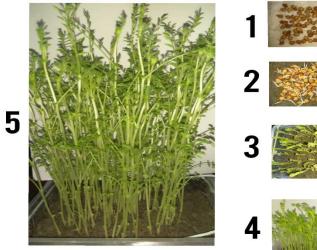
1ST SEMSTER INDUCTION PROGRAMME 2021



NATIONAL NUTRITION MONTH CELEBRATION



BENGAL GRAM



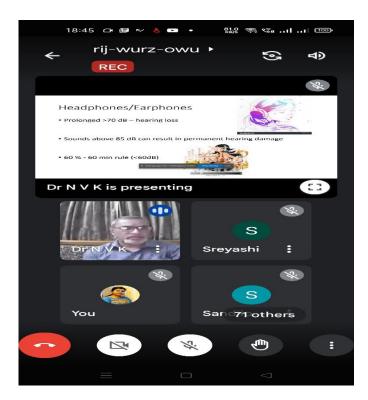
ISHIKA DEY-5TH SEM-65



one day International Webinar On "OMICRON" : THE NEW THREAT



Webinar on "Taking care of Ear, Nose & Throat"



Science day celebration









SEMINAR ON "DIET AND PROPER NUTRITION : BASIC RIGHT FOR WOMEN"



NATIONAL NUTRITION MONTH 2022









DIABETES AWARENESS CAMP





STUDENTS SEMINAR 2023



